



# NEWSLETTER

**PRINCIPAL:** Jo Miller

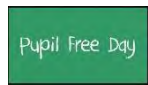


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## DIARY DATES : TERM 2, 2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1	29/4	30/4 Bike Ed - Rm 5 & 8	1/5	2/5 Cross Country 	3/5
Week 2	6/5 Room 1 Camp	7/5 Mothers Day Stall Bike Ed - Rm 5 & 8	8/5	9/5	10/5 Walk to school
Week 3	13/5	14/5 Bike Ed - Rm 5 & 8 Dental for Schools School Assembly	15/5	16/5	17/5
Week 4	20/5	21/5  Governing Council	22/5 <b>VOLUNTEERS WEEK</b>	23/5	24/5 Room 3 Excursion 
Week 5	27/5	28/5	29/5	30/5	31/5
Week 6	3/6	4/6  Volunteers Assembly	5/6	6/6	7/6  Pupil Free Day
Week 7	10/6  Kings Birthday	11/6	12/6 Japan Day 	13/6	14/6
Week 8	17/6	18/6  Governing Council	19/6	20/6	21/6 Steiner Winter Festival  School Photo Day
Week 9	24/6	25/6  School Assembly Steiner Information Night	26/6	27/6	28/6  Disco
Week 10	1/7	2/7	3/7	4/7	5/7 2.10pm Early Finish  EARLY DISMISSAL

School Starts - Term 3 - Tuesday 23<sup>rd</sup> July 2024



*...a moment with Ms Miller!*



Next week is National Volunteer week and as we wanted to do something extra special to show our appreciation to our amazing volunteers, we are inviting them all to a special assembly on June 4<sup>th</sup>.

Our Ambassadors will take the lead in this special assembly to recognise and celebrate our volunteers. We hope to see as many of you there as possible!

On Wednesday I was invited to join the combined 5/6 Steiner class in their art lesson, led by Patrick. He gave us all a lump of clay and asked us to create a perfect as possible sphere. It was a beautiful and intentional lesson, which supported the students with their hand work and focus on frame of mind. From the sphere, the year 5's (and I) were tasked with slowly changing their sphere to a bird and the year 6's a hexahedron as this ties into their geometry main lesson work. The clay had to be worked very slowly and carefully so as not cause cracks or lumps. The students were so mindful, careful and creative and made beautiful birds and hexahedrons. Here are a few to share with you!



*Benji and Oakleigh's birds*



*Evie's hexahedron*



*Irie and Aneika's hexahedron*



*My bird!*


# HEALTHY.... WELL-THY .....AND WISE!

## Relational Strategies...

Wellbeing at Sheidow Park looks at many different relational strategies that we use with our students. Over the next few newsletters I will begin to unpack some of these with you.


### Steps to UNCONDITIONAL POSITIVE REGARD

#### Separate the student from their behaviour




Ensure when talking about a student, describe the behaviour as separate from the student. This allows you to think clearly, and proactively about what to do next. Acknowledging every student's humanity helps us to see a student who wants to belong and succeed.

#### Recall thwarted pathways of child development



When witnessing a student's stress behaviours, reflect on what developmental milestones has this student missed? How can you provide experiences to build their capacity for growth?


#### Call them out with love in your voice



Working from a place of unconditional positive regard means that you can be honest with students and provide constructive, fix-it feedback to show you are there for them.

Students know when staff talk down to them, judge them or embarrass them. Calling someone out with a foundation of unconditional positive regard reminds students that you are on their side, can see them for who they are, and want to help them reach their goals.

#### Maintain a vision of the child's wholeness



Remember that a student is much more than their struggles. As educators, we are holding space for who they are becoming. It takes time to help them meet their own needs in healthy ways. Reframe their struggles as the student is not there yet. Consider how you can care for these needs and be present for them throughout this student's learning journey.

**BERRY STREET EDUCATION MODEL**  
Celebrating Classroom Strategies

## Unconditional Positive Regard

Teacher-student connections and relationships are built on the attachment principle of unconditional positive regard. Unconditional positive regard facilitates an environment where the student feels valued regardless of their presenting behaviours, affect or cognitions. Rather than looking to others for identity and approval, the student is encouraged to learn and listen to themselves. Maintaining unconditional positive regard for a struggling student can be far more difficult in practice. Often these students may trigger our own sense of helplessness and loss of control. Here are four steps teachers use to stay in a relational space with a struggling student:

1. Separate the student from their behaviour.
2. Maintain a vision of the child's wholeness.
3. Recall thwarted pathways of child development.
4. Call them out with love in your voice.

## Attachment and Attunement

Attachment can be defined as an enduring relationship with another person such as a parent, carer teacher or friend that is characterized by soothing, comfort, pleasure or safety (Ludy-Dobson & Perry, 2010). Attachment based relationships are built upon foundations of safety, compassion, and the sequential skills of maintaining and valuing relationships. The classroom environment presents many opportunities to take healthy risks. Teachers create authentic relationships with students that effectively invite students to immerse themselves in learning challenges.

Attachment strategies between teacher and student include:

1. A relationship based on soothing, comfort and safety.
2. An environment centred on security, worthiness and belonging.
3. Attached relationships that are a powerful form of physical regulation.
4. Students learning how to handle stress and adversity from their attached adult role-models.
5. Attuned relationships that require as many 'side-by-side' interactions as possible.



Congratulations to Grace, Michael and Eddie from Ms Sharman's class, and Jude from Ms Prowse's class for receiving a Celebration of Values Notice, and being such wonderful members of our school

Christie Wilson / Deputy Principal (Wellbeing)



# Classroom News

## JAPANESE CLUB

Japanese Club has begun this term on Monday's at recess in the courtyard. It has been great to see students getting involved in our Cherry Blossom tree making and carp fish kite making for Children's Day.

Thank you to Georgia M, Isabella W and Aurora S for helping run this activity.

GARNER SENSEI  
JAPANESE TEACHER

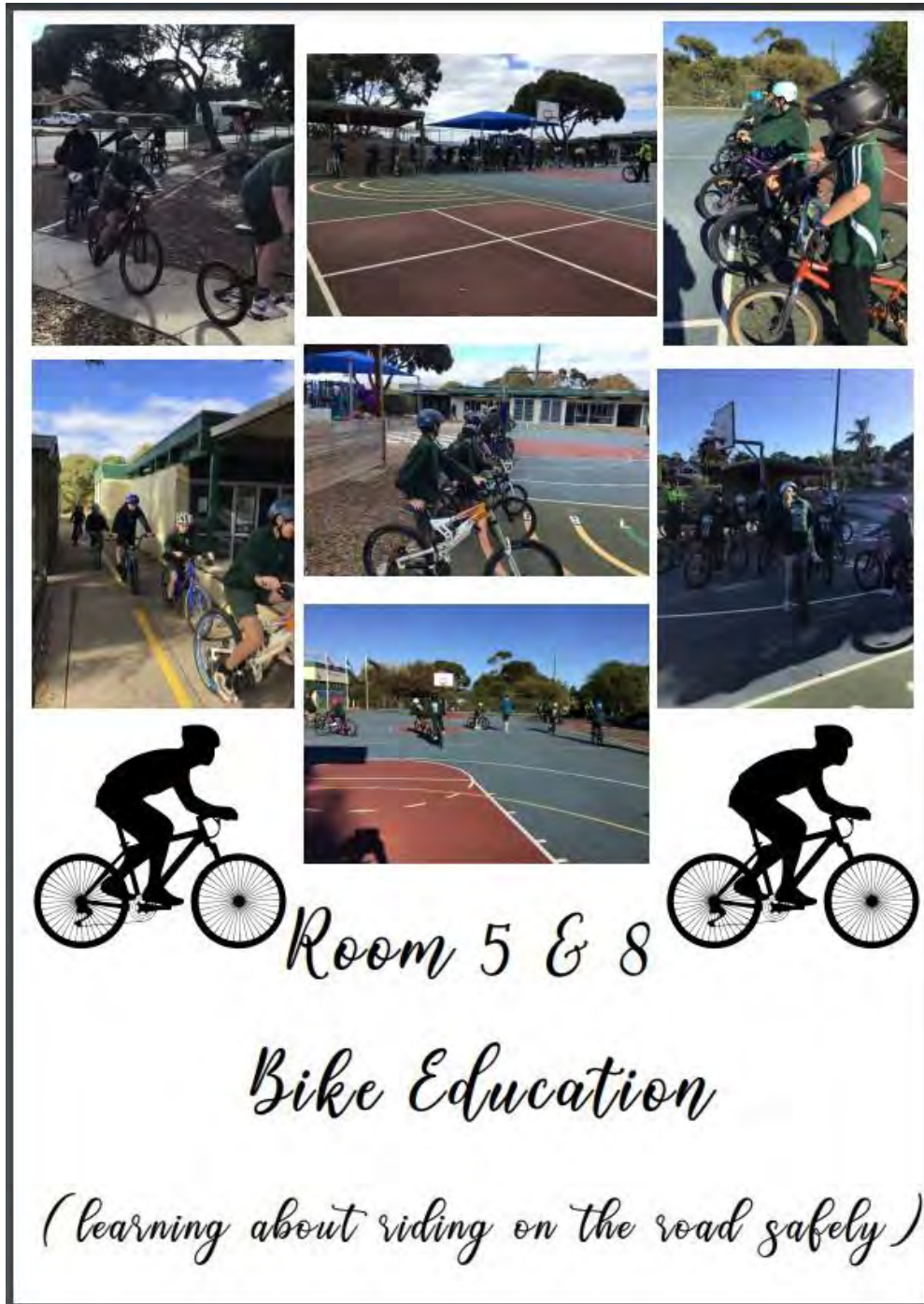






# Congratulations

Seth C and Felix G for making  
the SAPSASA Cross country team.  
Good luck at Oakbank!



Room 5 & 8

*Bike Education*

*(learning about riding on the road safely)*



**SHEIDOW PARK SCHOOL**  
**CROSS COUNTRY**  
**WEDNESDAY 29TH MAY**

RUN LAPS OF THE TRACK TO EARN HOUSE POINTS AND  
WEAR YOUR HOUSE COLOURS!

**HARDY – YELLOW**

**MORPHETT – PURPLE**

**O'HALLORAN – BLUE**

**REYNELL -RED**

- Classes will have set times to run the school oval track for 15-20mins to earn house points for each lap.
- Wednesday morning 8.25am -8.40am in week 3 & 4 the school running track will be open to practice

•Cupcakes available to order in  
your house colours

**CUPCAKES - \$3.50**

**ORDER ON QKR ONLY**

**CLOSES TUESDAY 21/5**





## Volunteers Week



### To all our wonderful Volunteers for 2024

On behalf of the students and staff of Sheidow Park School we want to thank you for volunteering so generously during the past school year. We know your time is valuable, and your willingness to contribute some of that valuable time to Sheidow Park School shows your commitment to the wellbeing of your child and all of our students.

We will be holding an assembly in  
Week 6 **Tuesday 4<sup>th</sup> June** at 1.40pm  
to acknowledge all our wonderful volunteers.

# Professional Development Sessions

'Attention all families'

This term from weeks 3 to 7 we are pleased to announce the following professional development sessions that are being offered to all families, starting Thursday May 16th from 7:00pm ACST via zoom.

These sessions are reoccurring every Thursday from 16/5/24 - 13/6/24, and each session is aligned to Steiner Pedagogy and provides significant insight into the inner workings of our stream.

From the human journey reflected in art to the use of screens and their place within our world. We hope you enjoy the topics on offer this term! Please see below:

- Session 1: Human Journey Reflected in Art - Part 1
- Session 2: Supporting our Respiratory and Immune Systems
- Session 3: Human Journey Reflected in Art - Part 2
- Session 4: Stories of Hope and Transformation
- Session 5: Screens

Please find the first session link here: [The Human Journey Reflected in Art - Egypt and Greece - SCHOOLS | Humanitix](https://events.humanitix.com/the-human-journey-reflected-in-art-egypt-and-greece-SCHOOLS | Humanitix)


**THE HUMAN JOURNEY REFLECTED IN ART:  
FROM ANCIENT EGYPT TO VINCENT VAN GOGH**

Every cultural epoch expresses its essence in its creative manifestations, whether in architecture, sculpture and painting. By immersing ourselves in this content we can gain a deeper appreciation for the soul life and consciousness of the people involved, as well as broaden an understanding of our own times as being part of a continuum of unfolding development.


Wherever art emerges from a true artistic conviction it bears witness to the connection of the human being with the supersensible world. *Rudolf Steiner*

*The value of studying Art through the ages, & as a theme of the Steiner Curriculum*

Session 1 of this 4 part series  
Ancient Egypt (enduring wisdom) and Ancient Greece (Beauty, movement and balance)

 Born in South Africa, **Anthony McLeod** met the work of Rudolf Steiner at 17, then studied art teaching at Natal University RSA, majoring in painting. He has taught art in state schools in South Africa & Western Australia, as well as 3 Steiner schools & recently completed 15 years with Perth Waldorf School as the high school art teacher. Anthony has exhibited his artwork internationally. [anthonymacleodart.com.au](http://anthonymacleodart.com.au)

**Session 1: May 16, 7:00pm - 8:30pm ACST on Zoom**  
Booking: <https://events.humanitix.com/the-human-journey-reflected-in-art-egypt-and-greece>







# Sheidow Park School OSHC is operating PFD

To accommodate for the upcoming Pupil Free Day, Sheidow Park School OSHC will be operating on Friday the 7<sup>th</sup> of June, from 7:00 am to 6:00pm. Bookings are now open, please see Vanessa to secure a spot.

**Friday 7th June, 2024**

**Fun at OSHC**

Spend the day involved in various art and craft experiences, indoor/outdoor play, watch a movie and have fun with friends.



**Lunch: Pasta Bake and garlic bread**

**We look forward to seeing you there!**

*Sheidow Park OSHC team ☺*



# School Photos



# Say Cheese



School Photo Day is: **Friday 21st June**

*Have your child's school memories captured forever*

To order school photos please keep a look out for your email containing your child's unique shoot key & remember these helpful tips:



- Keep a look out for an email from MSP Photography – Check you junk folder
- Use the unique shoot key provided in the email to place your order online before the close date. If you have more than 1 student at the school you will also receive a FAMILY shoot key. Use this to order Family photos.
- Your child is not required to hand anything in on photo day.
- If you do not have an email address please collect a spare envelope from the schools front office.
- Please call our office if you require your order to be collected from the schools front office.

Should you have any queries, please don't hesitate to contact us.  
email: [admin.adelaidesouth@msp.com.au](mailto:admin.adelaidesouth@msp.com.au) ph: 08 83913951

# Year 6 information - Starting High School 2025



## **Year 6 Students ONLY - Registration of interest for students starting secondary school in 2025**

Year 6 Students – registration of interest for high school – 2025

A new online registration of interest form is now available for parents of students starting secondary school in 2025 to complete.

An email was sent to you with your unique link for your child.

If you haven't received it please contact Jodie in the front office so she can email you again please.

The form can be accessed from a computer, tablet or mobile phone, as long as you can connect to the internet, and replaces the old paper format used by schools, sometimes referred to as an ED176 form. It is recommended that you use Chrome as your internet browser to complete this form.

The online form will allow you to tell the department if: you would like your child to attend their local/zoned secondary school (find which secondary school is your local/zoned one at find a school)  
you are interested in your child attending another SA government secondary school/s  
your child does not require a place as they will not be attending a SA government secondary school in 2025

You must complete and submit the form by 26th May 2024.

Where appropriate, the link to this unique form has been sent to each person who has legal responsibility for your child. It is important that parents/guardians reach an agreement regarding which secondary school(s) you want to nominate for your child before you complete the form, as only one form can be submitted for each child.

If you need to make changes after the form has been submitted, you will need to contact our office at Sheidow Park Primary School.

All families will be advised of their child's secondary school allocation on or by 9th August 2024.

You can find more information as to how the transition process works on the department's website or in the provided parent brochure for students starting secondary school in 2025. If you need guidance on how to complete the online form, please find guidance videos here .

Guidance videos – <https://www.education.sa.gov.au/parents-and-families/enrol-school-or-preschool/school-enrolment/register-your-childs-interest-starting-high-school>

If you are not able to access the online form, or if you need help or have questions about how to complete it, please contact our office at Sheidow Park Primary School for assistance.



**IT'S NEVER TOO LATE!!**  
to get your leaf or picket on our beautiful  
**Forest Art Installation**



**Order forms are available from the  
front office  
or can be found under 'Documents'  
in the Team App  
Orders will go in at the end of Term  
Orders close for Term 2  
28<sup>th</sup> June 2024**



School Student  
Broadband Initiative

An Australian Government initiative  
powered by nbn

# Do you qualify for free home internet?

## Call 1800 954 610 and our helpful team can check for you

National Referral Centre (Mon-Fri, 10am-6pm AEDT)



[anglicarevic.org.au/student-internet](https://anglicarevic.org.au/student-internet)



Callback, webchat, translating and interpreting services available



Scan the QR for more information.





Aberfoyle Park  
High School

## Parent Information Evening Year 6 into Year 7 2025

Wednesday  
22 May  
6:00pm

PERFORMING  
ARTS CENTRE  
ENTER FROM  
TAYLORS ROAD

We welcome you and your family to attend our Parent Information Evening to be held in our Performing Arts Centre.



This evening will provide you with the opportunity to meet key staff, understand the transition process and become familiar with our school culture. We look forward to seeing you on the night.

REGISTER YOUR INTEREST BY EMAILING  
[APHS.INFO970@SCHOOLS.SA.EDU.AU](mailto:APHS.INFO970@SCHOOLS.SA.EDU.AU)