



NEWSLETTER

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DIARY DATES : TERM 2, 2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1	29/4	30/4 Bike Ed - Rm 5 & 8	1/5	2/5 Cross Country 	3/5
Week 2	6/5 Room 1 Camp	7/5 Mothers Day Stall Bike Ed - Rm 5 & 8	8/5	9/5	10/5 Walk to school 
Week 3	13/5	14/5 Bike Ed - Rm 5 & 8 Dental for Schools	15/5	16/5	17/5
Week 4	20/5	21/5  Governing Council	22/5	23/5	24/5 Room 3 Excursion 
Week 5	27/5	28/5	29/5	30/5	31/5
Week 6	3/6	4/6	5/6	6/6	7/6 Pupil Free Day
Week 7	10/6 	11/6	12/6 Japan Day 	13/6	14/6
Week 8	17/6	18/6  Governing Council	19/6	20/6	21/6  SCHOOL Photo Day
Week 9	24/6	25/6	26/6	27/6	28/6  Disco
Week 10	1/7	2/7	3/7	4/7	5/7 2.10pm Early Finish 

School Starts - Term 3 – Tuesday 23rd July 2024



...a moment with Ms Miller!



What an amazing term! So many wonderful learning opportunities and events spread across the whole school.

Last week we saw HARDY take out the coveted SPORTS DAY award, with REYNELL winning the whole school relay and MORPHETT (Yay for my team!) winning the SPIRIT of Sheidow award!

As I said on the day, these events do not just happen. They take a lot of planning, organisation, time and effort. There are many people that contribute to this event, but none more so than Ms. Sara, our amazing PE teacher. We want to Thank Ms. Sara for the wonderful day and all the extra effort she puts in to make it so special.

Thank you also to the volunteers helping out in the canteen, Tim for cooking the snags and all the teachers, SSO's and parents for helping with set up, pack up and just creating a wonderful atmosphere for our children to bask in!

The Steiner Autumn Festival was a beautiful and reverent display of the learning that has happened during this term and it was lovely to see so many families join us for this event. Thank you to the people who donated food. We will ensure it is delivered to those in need.

Thank you to the Steiner Committee, teachers and SSO's for organising our stall at the Willunga Waldorf Autumn Fair on the weekend. It was wonderful to have our presence there and to promote our wonderful stream and school! We really appreciate your help in running this.

Next term we sadly say good bye to Debbie Collins, our Finance Officer. We have been lucky enough to find someone to fill this position and I am pleased to announce that Tarun Garcha will join us as our new Finance Officer in Term 2.

I am pleased to inform you that Anna Sharman will be continuing with us for the rest of the year in Room 6. Unfortunately Fleur Kennedy will not be returning as she has taken a fulltime contract at another school. We thank her for her contribution to SPS and wish her well at her new school.

Over the holidays some of my Ambassadors will be joining me in attending the Dawn Service at Hallett Cove on ANZAC Day. I am really proud to be standing with them and representing our school on this important day. The Ambassadors will lay a wreath on the schools behalf. If you are attending the Dawn Service, please come and say hi to us!

HEALTHY ... WELL-THYAND WISE!

The Term That Was...

A snapshot of our Wellbeing/Child Protection Curriculum Scope and Sequence

Wellbeing:


This term the students have looked at a number of concepts in their Wellbeing lessons. They began with creating and unpacking class expectations, guided by our school values – respect, persistence and responsibility. They have been a part of the daily welcome/morning circle, which includes greeting each other, looking at the values for the day, outlining expectations, offering time for announcements, and a positive primer to start the day strong.

The students have also learnt about:

- ✓ Brain breaks and why we need them
- ✓ What stress in the body is, and the concept of escalation/de-escalation
- ✓ The Ready to Learn Zones and what it means to be ready to learn, and if we're not, what strategies do we use to get back to the ready to learn zone
- ✓ Ready to Learn plans – each student has developed their own plan with personal strategies (Year 3-6), or created a class plan (Rec-Year 2) that gives them strategies to support them back to the 'I am ready to learn' zone
- ✓ What it means to be present, centered and ready to learn through mindfulness activities and self-regulation strategies.



Child Protection Curriculum:

 <p>The theme for this term has been “The Right to be Safe”. The topics for each year level were as follows:</p>	<p>Reception to Year 2</p> <ul style="list-style-type: none"> ✓ Feelings (emotions) ✓ Trust and networks ✓ Being safe ✓ Early warning signs ✓ Risk taking and emergencies
<p>Year 3 to Year 4</p> <ul style="list-style-type: none"> ✓ Exploring the concept of safety ✓ Reviewing the concept of early warning signs ✓ Unsafe situations and acceptable risk taking 	<p>Year 5 to Year 6</p> <ul style="list-style-type: none"> ✓ Safety and risk taking ✓ Early warning signs and emergencies – ‘fight or flight’ response and external signs

Self-Regulation Services

Staff PD: Supporting Students’ Development of Regulation

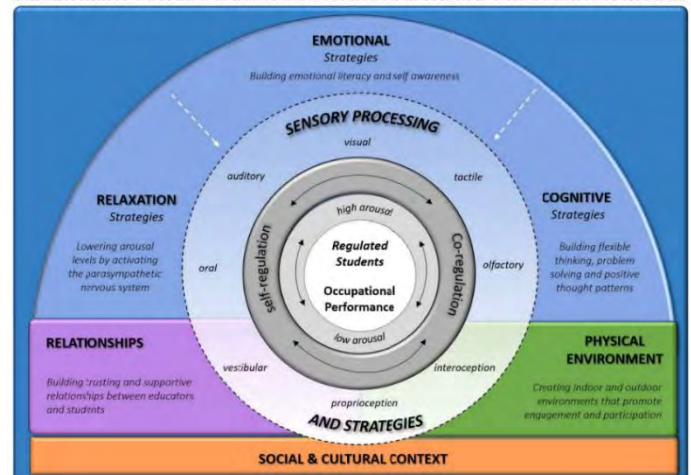
We have been fortunate this year to work closely with Self-Regulation Services through the Department.

Amanda Carter (Occupational Therapist) will be taking our staff through professional development each term.

This term we looked at:

- ✓ The Occupational Therapy Regulation Model
- ✓ Mindfulness, movement and guided relaxation
- ✓ The importance of educator self-care and strategies for self-care practice

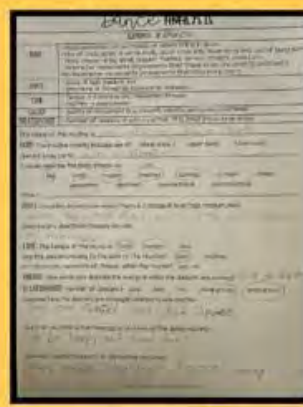
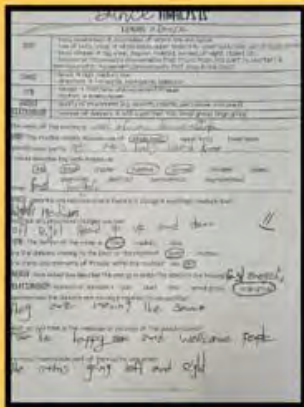
DEPARTMENT FOR EDUCATION OCCUPATIONAL THERAPY REGULATION MODEL



Congratulations to Amani, Jasper and Reuben from Rita's class, and Nicholas and Jasmine from Ms Prowse's class for receiving a Celebration of Values Notice, and being such wonderful members of our school community!

Christie Wilson/Deputy Principal (Wellbeing)

Classroom News



Throughout term 1 in Performing Arts, students have explored some music learning as well as character and role, and scene and situation as part of their drama learning.

The junior primary classes have enjoyed learning some new drama games and activities, some of which have become favourites such as "Bubble-gum game" and "Park bench". These games and activities have helped students practice improvisation, character and role in different scenes and situations while also being a lot of fun during lessons. In the upper years, students have been exploring the same concepts through a more detailed lens. They have been discovering what makes a good character that is interesting and engaging by designing their own characters to fit into assigned scenes and situations.

We are now moving to focus on dance, as the younger years work on fundamental movements and safe techniques while dancing together and the older students have started to learn about the elements of dance and analysing why and how others dance. Next term we will continue by exploring dance in different cultures as well as learning some choreography.

Our Festival of Music choir is also hard at work rehearsing our new 2024 repertoire! This year we have a group of 36 energetic and enthusiastic year 5/6 students taking on the challenge of learning 14 amazing songs to be performed at the Festival of Music in September. Keep your eyes out for any news of the choir performing at assemblies in term 2! We like to fit in some performance practice before heading to the Festival Theatre.

Lastly, I would like to acknowledge and congratulate Tahlia Cornish on her recent acceptance into the Festival of Music Dance Troupe for 2024. This is a fabulous opportunity for you and as a school we know that you will have a fantastic time undertaking this experience.

SPORTS DAY

A big CONGRATUALIONS to this year's overall winner – Hardy

Congratulations to REYNELL for winning the Relay

Congratulations to MORPHETT for winning the Spirit Award

Wow what a fantastic day!

There has been fantastic feedback from students, staff and parents so far about our 2024 Sports Day. There has also been talk about making our 2025 Sports Day even better. We value this feedback as it supports the improvement every year so if you would like to share any feedback please let Miss Sara know.

Chants, Health Hustle, sprints, a huge range of tabloid activities, more sprints, chanting and extra activities, then finishing off with our very first whole school relay. It was a huge day and I think many of the students and staff were exhausted afterwards.

A massive thanks to all that contributed from our fabulous Captains, parent helpers, SSO's, teachers, Michael - our canteen Manager, and leadership. It takes a whole school community to ensure an event is a success and it definitely was. Thank you to our incursions: AERO Kids Gymnastics for our R-2 classes, Kylie ran a fun circuit in the Hall. Tri Skills for our Air Gym with the Year 2-5 classes and the tramps for the year 5 and 6 classes, by all reports students loved their 30-minute incursions.

Lastly, I must acknowledge that without the Premiers Be Active Challenge grant money our incursions would not be possible. The majority of the incursions are paid for by this \$1000 grant – students and the school earn this money by being active for 60 mins a day (school days for a 10-week period). So, thank you to everyone who participates in the Premiers Be Active Challenge. We look forward to completing the challenge again this year.

Miss Sara

I liked the trampolines. The activities were very fun. Ahmed- House Captain
I liked the whole school relay. A big thank you to all of the parent volunteers and teachers at Sports Day. Anabel - Ambassador

On the 4th of April, I enjoyed the enthusiasm from the Morphett house team. Great cheering. Go Morphett! Seby – House Captain

I liked the way it was all set up and organised. I think it was good on what year levels did the trampolines. The chants were good and well organised. Thank you to everyone who helped out at Sports Day!' Zali - Ambassador

SPORTS DAY 2024



HARDY - 284

O'HALLORAN - 282

MORPHETT - 258

REYNELL - 245

RELAY - REYNELL

SPIRIT AWARD - MORPHETT









Autumn Festival

Autumn Festival



Steiner classes and families gathered on Wednesday for a celebration of the change of seasons and to be ready for the cool winds of Autumn and Winter approaching. The Autumn Festival featured all classes singing songs of the seasons and helping bring to life an ancient tale of St Michael warding off the dragon.

Music was provided by students from Class 6 and at the end of the performance each class brought forward baskets of food, both grown in gardens and from pantry shelves, to donate to local families in need through our partnership with Derek from Oasis family church and Oasis Pantry.

A joyful gathering outside followed with each class and families enjoying a shared afternoon tea.

OSHC News



Vacation Care Program

We still have some vacancies throughout the holidays.

Please get in touch with Vanessa if you'd like to book in or add some more days to your existing bookings! We have lots of exciting excursions and visitors as well as school-based days to keep everybody busy throughout the holidays!

Updating Medical forms and Medication

Please ensure the service has an updated medication and action plan for your child. This is a legal requirement whilst they attend our service. Care cannot be provided unless these elements are in date. Please contact Vanessa if you are unsure of the dates/ situation of your child's medication and plans.

OSHC Fees

A reminder that the service requires fortnightly payments made to accounts. These do not always have to be the full amount owing, but something needs to be added regularly. Once an account reaches \$100 it is our policy to send a text message to remind families to please make a payment. If nothing is received a reminder letter will be sent and your child will be unable to attend the service until a payment is received.

We understand that times are tough and encourage you to speak to Vanessa if you are having financial difficulties or need to organise a payment plan. Vacation Care bookings will not be accepted unless OSHC accounts are up to date or financial agreements are in place.

Thankyou to the families that make regular payments

Term 2 Bookings

Please let Vanessa know ASAP if you would like to make any changes regarding your bookings for term 2. We ask that all Term 1 fees are finalised prior to term 2 commencing.

Happy Holidays

For those not attending Vacation Care during the holidays we wish you a safe and happy two-week break and look forward to seeing everyone again for Term 2!

Dental for Schools

Please send forms back by Tuesday 30.4.24 or register with the qr code below.

DENTAL FOR SCHOOLS

Scan the qr code to fill out the Consent form online instead



Dental for Schools will be at Sheidow Park Primary School

on: Tuesday the 14th of May



E: parents@dentalforschools.com.au

P: (08) 7225 8142

ACTIVE KIDS ARE HEALTHY KIDS



**JOIN US
FRIDAY 10 MAY 2024**



WALK.COM.AU



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[@natwalktoschool](https://www.instagram.com/natwalktoschool)



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[#WSTSD](https://twitter.com/natwalktoschool)



SUPPORTED BY THE AUSTRALIAN GOVERNMENT AND ALL STATE,
TERRITORY AND LOCAL GOVERNMENTS



Community News

CHILDREN NOT SLEEPING WELL?



WINK
Sleep Clinic

We are a team of
psychologists who've been
supporting people and
families with sleep concerns
since 2006

Do you or your child:

- Have trouble falling asleep?
- Wake up during the night and struggle to return to sleep?
- Have trouble waking up or getting out of bed?
- Feel overly tired or fatigued during the day?
- Struggle to stay focused at school or work?

If so

Please feel free to contact
us at

hello@winksleep.online

OR via our website





2024 SA Schools Orienteering Championships
 Monday 27th May 2024, 9am to 1pm
 Wadmore Park, Athelstone



Supported by



Government of South Australia
 Office for Recreation, Sport and Racing



Entry Forms and payment due Friday 17th May 2024

AGE CLASSES: There are separate 'A' classes for boys (M) and girls (W) for age groups 10 to 16 years. Open classes are for those over 16. Age is calculated as at 31 December 2024.

'B' classes and 'Pairs' will have courses which are slightly easier and shorter and are recommended for those who are less experienced.

Place-getters in the A class will be eligible for medals. Place-getters in B class and Pairs will be eligible for certificates.

'Did you love trying orienteering in PE?

<https://www.sa.orienteering.asn.au/coaching-training/for-schools/school-events#SchoolEventCalendar>

Year born	Age class	Navigational difficulty	Approx. distance (for A classes), km	B class available	Pairs offered (Teams of 2)
2014	W10 or M10	Very easy	1.5 – 1.7	Not offered	M11P or W11P
2013	M11A or W11A	Easy	1.9 – 2.1		
2012	M12A or W12A	Easy	2.1 – 2.4		
2011	W13A	Moderate	2.7 – 3.0	W13B – Easy	M13P or W13P
2011	M13A	Moderate	3.0 – 3.4	M13B – Easy	
2010	W14A	Moderate	3.0 – 3.4	W14B – Easy	Not offered
2010	M14A	Moderate	3.4 – 3.8	M14B – Easy	
2009	W15A	Moderate	3.4 – 3.8	W15B	
2009	M15A	Moderate	4.1 – 4.5	M15B	
2008	W16A	Moderate	4.1 – 4.5	W16B	
2008	M16A	Moderate	4.9 – 5.3	M16B	
2007 or earlier	WOpenA	Moderate	4.1 – 4.5	WOpenB	
2007 or earlier	MOpenA	Moderate	4.9 – 5.3	MOpenB	

Recommended Pre-qualification: This event is not suitable for total beginners. Students should have successfully completed some orienteering courses either at mid-week after-school zone events or at weekend club events. A classes are for students who orienteer regularly. Less experienced students should do either B classes or Pairs. All entrants should be at least 10 years old as at 31st December 2024, unless they are experienced and confident orienteers.

Entry Fees: \$8.00 per entrant if school is a 2024 member of an Orienteering SA club and \$10.00 for non-member schools. Payment must be made at time of entry. The entry form is a tax invoice.

Closing Date: Entries must be emailed as a **typed Word document** to [schoolsamps@sa.orienteering.asn.au](mailto:schoolschamps@sa.orienteering.asn.au) no later than **Friday 17th May 2023**. (Please no emailed scanned documents as entries are pasted directly into software). Please include your school name in the subject heading of your email. Late entries may be accepted at the discretion of organisers and may attract a surcharge.

Enquiries: For further information about this event, please email [schoolsamps@sa.orienteering.asn.au](mailto:schoolschamps@sa.orienteering.asn.au) and one of the organisers will contact you.

Embargo: Wadmore Park is out of bounds to all would-be participants. Please do not use this area for training or familiarisation purposes.

More information, including parking, arena layout, equipment collection and start procedures will be sent to all entrants the week before event.

Schools should plan to arrive by 9am, when registrations open. Races start from 10am, and students will need to be at the Start at least 10 minutes before their pre-allocated start times. Presentations will be held as soon as possible after courses close at 12 noon.

If you prefer an earlier or later start time, please indicate in 'comments', and we will try to accommodate your preference if possible.

JUMP SHOT

BASKETBALL

Little Dribblers Basketball Program

Jump Shot Basketball introduces its Little Dribblers program! Our program caters for girls and boys aged 4 to 9 years interested in learning the basics of basketball or improving current skills. Our sessions are run by experienced coaches delivering a combination of skills and fun games. Places are limited for each session.

Starts on Saturday 4th May 2024

**At Hallett Cove R-12 School ,
Gledsdale Road, Hallett Cove
(small gym)**

PROGRAM Runs for 7 weekly sessions

SESSION TIMES Saturday Mornings (45 minutes duration)
9:00am - 9:45am (4-5 year old girls and boys)
9:45am - 10:30am (6-9 year old girls and boys)

COST \$100 - includes your own basketball to keep!
Returning from last term with your ball \$90

WHAT TO BRING Supplied basketball (given on first week) water bottle and sneakers.

HOW TO REGISTER Register and pay at www.jumpshotbasketball.com.au to secure your spot.

TERMS & CONDITIONS Email enquiries to info@jumpshotbasketball.com.au or call 0412 126 466 Book anytime at www.jumpshotbasketball.com.au