



NEWSLETTER

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DIARY DATES : TERM 1, 2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1	29/1 School is back	30/1	31/1	'1/2	2/2
Week 2	5/2	6/2	7/2	8/2	9/2
Week 3	12/2	13/2 Open Afternoon 2:30 -4pm 	14/2	15/2	16/2
Week 4	19/2	20/2	21/2	22/2	23/2
Week 5	26/2	27/2	28/2	29/2	1/3
Week 6	4/3	5/3 	6/3	7/3	8/3 Proposed Pupil Free Day - TBC
Week 7	11/3 	12/3	13/3	14/3	15/3
Week 8	18/3	19/3	20/3	21/3	22/3
Week 9	2/3	26/3 	27/3	28/3 AQUATICS	29/3 GOOD FRIDAY
Week 10	'1/4 	2/4	'3/4	4/4 SPORTS DAY	5/4
Week 11	8/4	9/4	10/4 Steiner Festival	11/4	12/4

School Starts - Term 2 – Monday 29th April 2024



...a moment with Ms Miller!



Welcome back! I trust that you had a wonderful summer holiday and made some beautiful memories with your children over the break.

We are excited to begin the new school year and have many exciting events on the calendar already!

We welcome back **Anna Sharman**, Year 4/5 teacher, who is working 4 days a week. I also have the pleasure of introducing 3 new teachers to you! We welcome **Fleur Kennedy** who is sharing the 4/5 class with Anna and teaching on Wednesdays.

Olivia Furner is our new Steiner Reception teacher and **Grant Byrne** is our new Steiner Class 5 teacher. We are fortunate to have found such wonderful educators and I know that they are going to have a positive impact on teaching and learning, not only in their classrooms but across our school.

Another announcement I am excited to share with you is that **Brianna Adams** has won the position of Coordinator – Teaching and Learning / Student Support and will join our leadership team this year. Brianna will be working on Tuesday, Wednesday and Thursday. You may also see her in classes relieving for teachers on Monday and Friday!

In Week 3 we have decided to hold an '**OPEN AFTERNOON**' where you have the opportunity to meet classroom and specialist teachers, SSO's, PCW and leadership staff in an informal way. Classrooms will be open from 2:30-4pm. More information will be sent out to families shortly.

In Week 4 we hold our Annual General Meeting and the first Governing Council meeting for 2024. This will be on Tuesday 20th February at 6:30pm and we encourage everyone to attend the AGM and those wanting to nominate for Governing Council. More information, including how to nominate, will be coming out soon.

We are looking forward to another wonderful year, filled with lots of learning, growth, success and accomplishments!



HEALTHY...

WELL-THY

...AND WISE!

Welcome back...

Welcome back to another year at school. I hope you've had a wonderful break spending time with family and friends, feeling fresh and ready for 2024. Coming back after a long break is exciting for some, for others it can be a gamut of feelings and emotions. So here's your 101 Guide to developing coping skills with your child...

PART ONE

Coping skills (resilience): Helping children build the inner strength to cope with change and the ups and downs of growing up is one of the best things parents can do. Having the confidence and skills to face, overcome or even be strengthened by hardship is a powerful thing to teach them.

Resilience is our ability to do well in spite of stresses. It is about successfully coping with problems and building strengths that protect and promote wellbeing. How resilient we are is not fixed but can grow and change over time. We can show resilience in some situations but not cope so well at other times.

Children need to feel:

'I can make a difference'. I can:

- Find ways to solve problems
- Talk to others about things that bother me
- Control myself when needed
- Find someone to help



'I am a worthwhile person'. I am:

- Loved and loveable
- Happy to do things for others and show I care
 - Respectful of others and myself
- Willing to be responsible for what I do

'I have people I trust who love and support me'. They:

- Show me how to do things right
- Want me to learn to do things on my own
- Will keep me safe



We cannot always prevent things going wrong for our children but we can help them build strategies for coping.

2024 Material & Service Fees

School fees were sent home on Monday 29th January. If you did not receive it please contact the office.

Please pay the amount on the statement **not** the invoice as the statement includes the \$100 rebate.

NB: school card applicants are not entitled to the rebate.

Payment plans need to be returned by Friday 10th February please.

No payment plans the fees need to be paid in full by Friday 9th March 2023.

School card application online : www.sa.gov.au/topics/education-and-learning/financial-help-scholarships-and-grants/school-card-scheme



Volunteers Wanted

We welcome volunteers!

If you would like to help in the classroom, canteen, around the school please let Jodie know in the front office for more details – 8381 8911 or dl.1537.info@schools.sa.edu.au





~ Annual General Meeting and Governing Council Meeting 2024~

Tuesday 20th February School Hall, 6.30pm

Dear Parents, Carers and Governing Council Members,

You are invited to attend our upcoming Annual General Meeting. The AGM is an opportunity to meet the Principal and other staff, and to hear about our achievements from the past year and vision for 2024.

We welcome nominations for membership of the 2024 Governing Council. Please email or see Jodie in the office for a nomination form. You can nominate yourself or a peer (without their consent).

Being on Governing Council is a great way to get to know other parents and carers and stay informed about the school's activities. As representatives of the broader school community, Governing Council members support and contribute to the direction and vision of the whole school. Elected members are also requested to join one of the following committees: fundraising, finance, OSHC, canteen.

There are 6 vacant positions on Council. Nominees will be elected on the night for a two-year term. If there are more nominees than positions, each person will be required to give a short speech introducing themselves and why they want to be on Council. Please be prepared for this.

Governing Council meetings are held at the school twice a term, generally on Tuesday evenings in weeks 4 and 8, starting at 6pm. Our meetings are informal and no experience is required – just be you!

The first Governing Council meeting will be held immediately after the AGM. Elections for the following office bearer will be called for at this meeting:

- Chairperson
- Deputy Chairperson
- Treasurer
- Secretary

The Chairperson, Treasurer and Secretary meet and additionally two times a term with the Principal to set the agenda for the upcoming Governing Council meetings. An overview of these roles as well as our school committees is provided on the next page.

Any parent or carer can join a committee without having to be a Governing Council member. Please consider joining!

We look forward to seeing you at the AGM.

Kind regards

Jo Miller and Naomi Ford

Principal - Governing Council Chairperson

OFFICE BEARER POSITIONS

Chairperson

- Chairs the meeting to ensure it runs smoothly
- Works with the Principal, Secretary and Treasurer to set the agenda
- Acts as spokesperson for the council (on council-related matters)

Deputy Chairperson

- Steps into the Chairperson role when the chairperson is not available

Treasurer

- Chairs the finance committee, which meets twice a term
- Presents finance and budget reports to the council
- Works with the Principal, Secretary and Chairperson to set the agenda

Secretary

- Works with the Principal, Secretary and Chairperson to set the agenda
- Prepares and distributes the agenda and meeting papers
- Takes and distributes meeting minutes

Committees

Finance Advisory Committee

The committee members include the Principal, school Finance Officer, Governing Council Treasurer and parent volunteers. They generally meet twice a term. At every meeting, members of the finance advisory committee:

- analyse the progress of the budget
- prepare a report of any anomalies for the council.

Fundraising Committee

The committee members include the Deputy Principal, representative(s) from Governing Council and parent volunteers. They generally meet at least once per term or as required and support fundraising events on the day.

The fundraising committee hold wonderful events for students, including the school disco and colour run, mother's and father's day stalls and other fundraising initiatives including cookie dough fundraising, Easter raffle, cake stalls and BBQs.

Canteen Committee

The committee members include the Principal, Canteen Manager, Governing Council representative(s) and parent volunteers. The committee generally meets twice per term and supports the canteen manager in the planning and operations of the canteen.

OSHC Advisory Committee

The committee members include the Principal, OSHC Director, Governing Council representative(s) and parent volunteers. The committee meets twice each term to support the director in the planning and operations of OSHC.



PLAYGROUP

▪ TERM 1 - 2024 ▪

~ WEDNESDAYS 9am-10:30am ~

WEEK 2
WELCOME BACK
Feb. 7th

WEEK 3
Valentine's Day
Feb. 14th

WEEK 4
Super Heroes
Feb. 21st

WEEK 5
Outdoor Nature Play
Feb. 28th

WEEK 6
Ice Cream Day
March 6th

WEEK 7
Sensory Play
March 13th

WEEK 8
Teddy Bear's Picnic
March 20th

WEEK 9
EASTER
March. 27th

WEEK 10
Creativity Day
April 3rd

WEEK 11
Aussie Day
April 10th



Please bring a piece of fruit to share!

Meet in the OSHC Hall at 21-43 Adams Rd
Sheidow Park ▪ Phone to book - 8381 8911

2024

Bush Playgroup



Waldorf/Steiner inspired education and nature play

Join us each week during school term for nature based play and learn more about Steiner education while connecting with other like-minded families

Tuesday
9 - 10.30am

please bring water and
piece of fruit

meet by the sandpit next to



the veggie patch at the rear

of Sheidow Park School



we are an outdoor playgroup - please dress for the
weather, rain or sunshine



please email Crystal - Playgroup Leader, to register: dl.1537.info@schools.sa.edu.au



Fun,
Free &
for Everyone

Breakfast Club

Tuesday
mornings
8.10 - 8.25am

Starting
Week 2



Term 1 Week 1 OSHC Newsletter 2024



Welcome back to all of our existing families and a huge welcome to all of our new families! We know this year will be thoroughly enjoyable and we look forward to seeing lots of smiling faces!

Vacation Care

Thankyou to the families that supported our service during the December 2023 / January 2024 holiday period. We had the biggest program in our history with 103 families, children from 11 different schools and 1,100 children in 4 weeks! We hope you all had a fantastic time and we look forward to seeing everyone again in the future!

2024 Enrolment Form

Please ensure you have completed a 2024 enrolment form to assist us with bookings either now or during the year ☺ Children are unable to attend the service unless this form is completed, signed and returned prior to attendance.

Term 1 Bookings

Please let us know ASAP if you require bookings during the term, either permanent or casual to assist us with staffing.

Medical Forms

Please remember if your child requires medication or a puffer at OSHC you are required to provide up to date medical plans from a GP as well as the medication. It is a legal requirement whilst they attend our service. Please speak to Vanessa if you are unsure if your child's dates (plans or medication) have expired.

Don't forget to notify us!

Just a friendly reminder to please let us know if your child is absent, on holidays, on excursion, school transition visit, camp, traffic duty or something else to avoid us having to search the school for them. As you can imagine it is a busy time during afternoon arrivals and affects ratios if educators are out having to look for children that will be arriving late or are not at school!

Don't forget your ID!

Please note if you are a new parent/ grandparent/ carer/ relative/ friend etc and you come to collect a child, you will be asked for ID if staff have not met you before. We have numerous staff members that work across the week and in the holidays, so we can not guarantee the same staff member who may have previously met you would be on site each time you collect your child.

Please do not become angry or aggressive with staff as we are simply following our safety procedures to ensure the wellbeing of your child! Your understanding with this matter is appreciated.

Just a friendly reminder.....

OSHC has a **No cancellation policy**, once booked and if you cancel, you will be charged for the session.

If your child is unwell and will not be attending a booked session, please advise us as soon as possible as this saves considerable time looking for them after school has finished.

We still have some outstanding fees from vacation care, prompt payment would be appreciated. Please don't hesitate to contact the service if you are having financial difficulty and we can organise a payment plan.

Casual Bookings

Please contact the OSHC service to make a booking for your child/ children. **Please DO NOT** call the front office and tell them your child is attending OSHC until they have been booked in through our OSHC service. School staff do not have access to the availability of the service nor staffing arrangements.

Before School Care: Please advise the OSHC service before 7:00am prior to the session commencing.

After School Care: Please advise the OSHC service before 2:30pm **and then advise the school office**.

Any walk-in's will be charged a walk in fee of \$5.00 per child.

Volleyball SA are calling all schools, parents, and young volleyball enthusiasts to gather your friends and family and prepare yourselves to spike, set, and serve your way to victory in the return of *SpikeZone*. Whether you're a returning team or never have played volleyball before, take this chance to form bonds with friends over some thrilling volleyball action.

We want YOU to be a part of the fun and excitement that is *SpikeZone*.

~ COMMUNITY NEWS ~



Adelaide
Botanic
High School



Health & Sciences (STEM) Pathways Program
Year 7 entry in 2025

To apply, visit: abhs.sa.edu.au/enrolment/selective-entry/
Applications close 14 February 2024

