

### **NEWSLETTER**

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DIARY DATES: TERM 3, 2023						
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
Week 1	24/7	25/7	26/7	27/7	28/7	
Week 2	31/7	1/8	2/8 - Rm 7 Zoo Snooze	3/8 -Room 8 Zoo Snooze	4/8	
Week 3	7/8	8/8	9/8	10/8	11/8	
Week 4	14/8	15/8 Governing Council	16/8 Class 4 camp - Douglas Scrub	17/8	18/8	
Week 5	21/8	22/8 Steiner Info night	23/8	24/8 Book Week Parade	25/8	
Week 6	28/8	29/8 - Assembly 1.40pm Fathers Day Stall	30/8 SAPSASA Athletics	31/8	1/9	
Week 7	4/9	5/9	6/9	7/9	SCHOOL CLOSURE	
Week 8	11/9	12/9 Governing Council	13/9 Rm 4 - Excursion	14/9 Moon Lantern Festival	15/9	
Week 9	18/9	19/9 Room 4 - Excursion Assembly 1.40pm -	20/9	21/9 Mud afternoon	22/9	
Week 10	25/9	26/9 Spring Festival 1.35pm-2.20pm	27/9 Room 5,9,10 AFL Max camp	28/9	29/9 Last day of term Early dismissal 2.10pm Rm 1,3,4,11,12,19 Steiner Excursion Glenthorne National Park-tygmanitpinna	

School Returns Term 4 – Monday 16<sup>th</sup> October REMINDER Swimming – Week 1 - Rec – Year 4



# ...a moment with Ms Miller!

Last week saw our amazing **Moon Lantern Festival** come to life! The weather was kind (thank goodness we postponed!), we had a huge turnout and the students were able to share their beautiful lanterns parading through the crowd. We topped off the night with spectacular fireworks and I am so proud of our staff and students for the amount of work, effort, time and care they have put in to this event. We are aware that we ran out of food before we finished and apologise to anyone that missed out! We had a lot more people attend than we expected but will make improvements for next time. If you have any further constructive feedback for this event, we are happy to hear it!

You would know that an event this large takes a lot of organisation, planning and preparation time leading up to this and whilst all staff and many volunteers supported and helped, **Renae Garner**, our wonderful Japanese teacher, does most of this! She has been doing this event for years and every time it becomes bigger and better! I want to acknowledge and thank Renae for everything she does for our school and community. She always goes above and beyond and we are so lucky to have her at Sheidow. Thank you Renae!

I want to celebrate **Mel Howard** (year ½ teacher) who has just received permanency through the Department for Education. Mel has been on contract at Sheidow for many years but always remained a very active and supportive member of our community organising things like Mud Afternoon, sleepovers, being a staff Governing Council representative and now a member of the marketing committee. We are thrilled that she is now a permanent employee and will be with us at Sheidow for many years to come!

I also want to acknowledge and thank Mel for her efforts in organinsing Mud Afternoon yesterday. It was organised, planned and executed so well and students and staff had a fun-filled, very muddy afternoon! Whole school events like these take a lot of time and effort, but seeing the joy and happiness on peoples faces make it so worth the effort! However, they would not happen without dedicated and supportive staff like Mel!

As the term comes to an end I want to again thank our awesome Fundraising Committee: Fleur Samuel, Lisa Nelson, Jodie Ginn, Alex Bell, Amanda Hocking, Hayley Merritt, Kristi-Lee Kalendra, Julie Cudbertson and Quinn Mooney for the amazing work they do and the amount of time and effort they put into raising money for our school. These ladies are absolutely amazing and I really cannot thank them enough for everything they do. We cannot wait to see what the courtyard looks like when we return next term!

## HEALTHY...

# WELL-THY

### ...AND WISE!

#### Wellbeing - Term 4

Character strengths - Hope - Gratitude...

In Term 4 our students will be learning about character strengths, hope and gratitude during their wellbeing lessons.

**Character Strengths:** How would you feel if your child was able to articulate, develop and employ their character strengths both now and in the future? This is the goal of the Character Domain in BSEM (Berry Street Education Model).

Hope: Hope is about expecting the best in the future, working to achieve it and believing that a good future is something that can occur (Park, Peterson & Seligman, 2004). When considering hope in action, students sit on a continuum with respect to their future. Some have high hope characteristics whereby they find easy solutions to take action and reach goals. Strongly associated with growth mindset, high hope students understand that disappointments are normal and to be expected. We hope to unpack this notion with our students and support them in all their endeavours – nurturing a growth mindset and hope for a bright future.





Gratitude: Gratitude has been defined as having 'thankfulness and joy in response to receiving a gift, whether the gift be a tangible benefit from a specific other or a moment of peaceful bliss evoked by natural beauty' (Peterson & Seligman, 2004). In BSEM gratitude is conceptually linked to nurturing attunement in students. Gratitude, when modelled and practiced by teachers, can become part of the attunement bond with students. Students will begin to explore the notion of building their own gratitude toolkit by incorporating acts of gratitude within the school day.



A huge CONGRATULATIONS to Helena and Oliver from Rita's class, Mayella from Rohan's class and Levi from Mrs Golding's class for receiving Celebration of Values notices. Thank you so much for your positive contribution to our school

#### Moon Lantern Festival

Last Thursday we were very fortunate to celebrate our Moon Lantern festival. Many Asian people have just finished the long rice harvest season and now celebrate by spending time with their family and friends eating foods, having lantern parades, enjoying the beauty of the full moon and watching fireworks. We enjoyed our Asian market with stalls run by our older students, had a beautiful lantern parade and finished the evening off with fireworks. Thank you to everyone who came along and supported our evening, we hope you enjoyed it as much as we did.

**Thank you** very much to the following businesses who supported us when we had to postpone our Moon Lantern festival:

Arari Sushi, located in Woodcroft Shopping Centre

Kennard's Hire, Reynella

Bake Bakery, Seacliff Park

Liquid Delights coffee van

**Thank you** also to the wonderful parent volunteers who helped in the kitchen during the day and on the night! We couldn't have done it without you.

Garner sensei



# Garner Sensei

We are lucky to have you here at Sheidow Park School





#### Classroom News - Rm 10

In the weeks leading up to the Moon Lantern Festival, the students in Room 10 worked with great care and creativity on their lanterns as part of their design and technology project. The lanterns were made using up-cycled soft drink bottles, covered in thin layers of coloured tissue paper to create a Japanese inspired landscape. Throughout their creative process the students developed a series of design ideas, identified the key materials and tools required and created a plan for making their final lanterns and the safety considerations that were required along the way. What a fantastic time we had creating our lanterns!



# 2024 NOTICE OF MATERIALS AND SERVICES CHARGES

We have proposed that the 2024 Material and Service fees will be: Mainstream fees \$355 and Steiner Stream \$890. A meeting of Governing Council will be held on Tuesday 7<sup>th</sup> November at 6:00pm pm to discuss and authorise the amount for the 2024 Materials and Service Charges.

You are invited to attend this meeting or, alternatively, you may contact, Naomi Ford, Governing Council Chairperson, to express your views in writing. A decision to poll the community will be made at this meeting. If you have any queries, please contact the school on 8381 8911.



Sheidow P	Park Primary School - 1537	
Notice of Materia	Is and Services Charges for 2024	
Notice of C	Charges for Steiner Stream	
HEADING	ITEMS AND SERVICES	COST (\$)
Printed and electronic materials	Workbooks	\$0.00
related to the educational program	Text Book Hire / E-Book Access	\$0.00
and which are provided for the	Photocopied Material	\$0.00
student	SUBTOTAL (ZPREM)	\$0.00
Stationery items that are provided	Stationery Items	\$305.00
for the student	Other [please Specify]	\$0.00
	Other [please Specify]	\$0.00
GOV	SUBTOTAL (ZSTAT)	\$305.00
Materials and Services that are provided by the school for the	Access to Student Information Technology	\$0.00
student to consume or use the	Access to Machinery	\$0.00
materials or take ownership of a finished article produced by the	Access to Equipment	\$0.00
student with the materials	Curriculum/Subject Supplies and Services	\$350.00
Danartma	Woodwork & Gardening	\$50.00
Departme	Craft U L U U C	\$185.00
	SUBTOTAL (ZACMS)	\$585.00
Materials for inclusion in the school library and to enable use by the	Library resources including access to borrowing library resources	\$0.00
student	SUBTOTAL (ZACLI)	\$0.00
Total Materials and Services Char	rge (excluding Subject Charges)	\$890.00

These subject charges are in addition to the Materials and Services Charge above for those students undertaking the following subjects.

Subject Description	Cost (\$)	
	\$0.00	
	\$0.00	
	\$0.00	
	\$0.00	
	\$0.00	



Notice of Materia	Is and Services Charges for 2024					
Notice of Charges for Mainstream						
HEADING	ITEMS AND SERVICES	COST (\$)				
Printed and electronic materials	Workbooks	\$0.00				
related to the educational program	Text Book Hire / E-Book Access	\$0.00				
and which are provided for the student	Photocopied Material	\$75.00				
student	SUBTOTAL (ZPREM)	\$75.00				
Stationery items that are provided	Stationery Items	\$45.00				
for the student	Other [please Specify]	\$0.00				
	Other [please Specify]	\$0.00				
GOV	SUBTOTAL (ZSTAT)	\$45.00				
Materials and Services that are provided by the school for the	Access to Student Information Technology	\$55.00				
student to consume or use the	Access to Machinery	\$0.00				
materials or take ownership of a	Access to Equipment	\$0.00				
finished article produced by the student with the materials	Curriculum/Subject Supplies and Services	\$180.00				
Danartma	Other [please Specify]	\$0.00				
Departme	Other [please Specify]	\$0.00				
	SUBTOTAL (ZACMS)	\$235.00				
Materials for inclusion in the school library and to enable use by the	Library resources including access to borrowing library resources	\$0.00				
student	SUBTOTAL (ZACLI)	\$0.00				
Total Materials and Services Char		\$355.0				

These subject charges are in addition to the Materials and Services Charge above for those students undertaking the following subjects.

Subject Description	Cost (\$)	
	\$0.00	
	\$0.00	
*	\$0.00	
	\$0.00	
	\$0.00	

# PE News

### 2023 SAPSASA Metro Track and Field Championships

Well done to Chevelle and Mia who competed at SA Athletics Stadium on Tuesday 19<sup>th</sup> September. They joined students from a range of schools as part of the Southern Valley Team. Chevelle competed in Long Jump and came 9<sup>th</sup> in the State Day Competition, an awesome effort. Mia competed in the 11 yr old 4 x 100m relay with 3 others from Southern Valley area coming 4<sup>th</sup> with a fantastic result. Congratulations to both students.



#### SAPSASA Golf

Hayden competed at Flagstaff Hill Golf Club in the Southern Valley 2023 South Australian 12 and Under School Golf Event where he qualified for the 12 and Under Golf Championships at West Beach Parks. On Thursday 7th and Friday 8th he competed in the windy and wet conditions at West Beach Parks with over 120 other students. With a fantastic effort Hayden finished 68th. Hayden really enjoys his golf and he did a great job, enjoying the experience over the couple of days of the competition.



#### AFL - Sporting School

A massive thank you to Kiahni for coming out to Sheidow Park School and teaching most of our Year 3-6's AFL. Kiahni taught all students how to kick, handball and defend through games. They played fun games such as Colour Run, Run the Gauntlet, 4 team handball, collect the coins, class goal scoring and earnt heaps of points for their long kicks, accurate kicks and handballs. Each class culminated their final session in a mini game with 3 zones for forwards, midfielders and defenders. This helped students gain an understanding of the games and how to attack and defend in AFL without tackling. Thank you to the SANFL and Kiahni the students had an amazing time.



# Hiragana Competition

Hiragana Competition

On Wednesday I proudly took Shayla, Mia, Ellie, Kara-raine, Rowan, Chloe and Charlotte to Reynella East College to participate in the annual year 6 Hiragana Reading Competition. The students competed against students from 14 other primary schools and had to quickly read Hiragana Characters. One of our teams made it into the finals, however unfortunately didn't win. The students represented our school very well and it was a pleasure to take them.

Garner sensei



# MUD AFTERNOON

Thank you to everyone who had some fun in the mud yesterday. It was so wonderful seeing all the students have fun, get messy and be creative!

Well done!

Ms Howard



Feedback from students:
Mitchell: I really enjoyed making
the big mud holes and jumping in
the holes. I enjoyed this because it
was fun and I got to get muddy!
Ryan: We made a muddy slide
which I really liked. It was fun
because you got muddy at the
same time as going down it.

Pippa - I liked making mud strew and the mud slide. Levi - I liked getting dirty and going on the mud slide. Anabel - It was a great way to explore nature. Lilith - I liked rolling in mud.

Zach - Mud day was amazing there was lots of mud and more there was sprinkles and buckets and mud slides. There was mud in my hair and in my shirt and everywhere. It was fun.

Summer - It was fun because we got to get dirty and I loved it a lot.

Isabelle - I loved mud play because I had a mud bath!

Aurora - It was fun getting muddy.











# Environmental Committee

Congratulations to all students who entered our Nude Food competition by having nude food lunch boxes on Tuesdays over the past 3 weeks.

Here are our winners!

Tiere are our winners:

# Alec C, Willow Y, Zara M, Ruby J



#### **OSHC** News



#### **Early finish**

Please note that Friday 29<sup>th</sup> September (week 10) is the last day of term and therefore children are released at 2:10pm. Permanent Friday bookings remain in our system, with the extra session (1hr) added. If you require care for your child on this day, even if it is just for the early finish session (1hour) please let us know ASAP.

#### **Vacation Care**

Don't forget to book your child/ren into Vacation Care these school holidays! We have a wide variety of experiences on offer and for most families the cost is cheaper to send your child to Vac Care and allow us to take them on excursions than what it is for you to take them! Take the stress away and have a day to yourself maybe?!

Feel free to pop past the service and collect a program to book in Please see Vanessa if

Feel free to pop past the service and collect a program to book in. Please see Vanessa if you have any questions.

#### Children's absences

Lately this has become a very big issue, with staff searching the school for children who have either been picked up early or not told to come to OSHC. This then takes ether 1 or 2 staff members away from the remaining children, breaking our ratio to ensure we are solving the safety issue of missing child. Please ensure you inform the service via text/phone call or email if your child is absent from school on day's they are booked into OSHC. Please do not leave messages with the front office, they are very busy and are not aware of the daily bookings.

#### **Payments**

We appreciate the families that continue to support the service by making regular payments for the care of their children. It is the services policy to receive fortnightly payments to accounts. If your account reaches \$100 or more you will be sent a reminder. If you do not contact the service and discuss options/ arrange a payment plan or make a payment, your care will be put on hold and your child/ren will be unable to attend until arrangements have been made. We are here to support families as much as we can, however we are also a business that requires payments to remain open! We thank you for your understanding and support.

#### Casual bookings

Don't forget you can make casual bookings daily! If you require care in the morning please text or call the service, we open at 7am. If bookings are required for the afternoon session it needs to be booked by 2:30pm (Tuesday's must be done earlier due to early finish).

#### Children's medication

Please remember that it is a legal requirement that if your child has a diagnosed medical condition paperwork has been supplied to the service with up to date plans and medication. Your child cannot attend if these elements are not in place. Medication must remain on site even if the child is not in attendance.

If you are unsure of expiry dates of these please check in with Vanessa.