



NEWSLETTER

PRINCIPAL: Jennie-Marie Gorman
 21-43 Adams Road, SHEIDOW PARK SA 5158
PHONE: 8381 8911
EMAIL: dl.1537.info@schools.sa.edu.au



DIARY DATES : TERM 2, 2023

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1	1/5 Term 2 STARTS	2/5 Cross Country	3/5	4/5	5/5
Week 2	8/5	9/5	10/5 Class 5 - camp	11/5 Book fair starts	12/5
Week 3	15/5	16/5 Governing Council	17/5	18/5	19/5
Week 4	22/5	23/5	24/5	25/5	26/5
Week 5	29/5	30/5	31/5	1/6	2/6
Week 6	5/6 Virtual Cross Country	6/6	7/6	8/6	9/6 Pupil Free day
Week 7	12/6 Public Holiday	13/6 Dental for Schools	14/6	15/6	16/6 Fight MND Fundraiser (beanies) Jam Band
Week 8	19/6	20/6 Governing Council	21/6	22/6	23/6 School photos
Week 9	26/6	27/6	28/6	29/6	30/6 School Disco 
Week 10	3/7	4/7 Casual day Gold coin donation 	5/7 Rooms 1,3 & 4 Excursion 	6/7 Steiner Winter Festival 	7/7 2.10pm dismissal Rooms 11,12 & 19 Excursion  

School Returns Term 2 – TUESDAY 25th July

HEALTHY... WELL-THY ...& WISE!

The Welcome/Morning Circle Unpacked

Setting up for success

The Welcome/Morning Circle is most powerful when it is implemented consistently and predictably. This means establishing a set time when circle occurs, as well as a clear structure for how long it will go for and expectations for the routine. At Sheidow this occurs in every class at the start of each day.

In some classes the students are able to run circle themselves.

What are the vital elements of our Welcome/Morning Circle?

Greeting – why greetings?

We start Welcome/Morning Circle with a couple of minutes for students to greet each other and connect. This simple, intentional act can form an important part of supporting the formation of bonding relationships between students (Warren et al., 2009). This critical part of our role as teachers is to act as connection makers: as well as taking time to individually greet students ourselves, that we also give them time to connect with each other. As a part of greeting, we explicitly encourage students to call out each other's names with warmth and enthusiasm so that everyone can feel fully seen.

Values and expectations – Why values and expectations?

Values and expectations are an important component for encouraging student voice in the classroom, as well as building safety and predictability. Identifying shared values in an authentic way provides a pathway for common direction and purpose in learning. Rather than assuming our students know what behaviours we want from them, we want to be explicit and clearly articulate our expected behaviours, as well as what they can expect from us, and to be explicit in what they can do – is it okay for students to use fidget tools? What are the protocols if they get overwhelmed, and need a moment to self-regulate?

Why announcements?

We believe that every student has the right to feel seen and celebrated. Sharing our positive news with others, and having it received with active enthusiasm, can boost happiness, wellbeing and vitality (Lambert, 2013). A quick round of announcements allows students to celebrate positive news with each other, and to build a reservoir of positive emotions that they can draw on in the future.

What went well – Why a 'WWW'?

Using this technique that has emerged from wellbeing sciences, we encourage students to reflect on what went well (WWW). These are a simple and effective way to build positive reflection and savour their achievements. We use this strategy to gently build the capacity of our students to see themselves and their peers in a positive light.



A huge **CONGRATULATIONS** to Maddie and Callan from Reception, Zahkeira from Class 1, Dorothy from Class 4, Eddie and Lilly from Year 3/4 and Tahlia from Year 4/5, Joshua and Mackenzie from Year 5/6 and Chloe from Class 6 for receiving Celebration of Values notices. Thank you so much for your positive contribution to our school.

Classroom News – Room 14

Room 14 - Reception



WE LOVE TO LEARN NEW SOUNDS AND LETTERS THROUGH SONGS AND STORIES AND ART AND CRAFT ACTIVITIES.



WE HAVE BEEN LEARNING ABOUT OUR EMOTIONS AND MADE PICTURES OF OUR HAPPY COLOURS.



WE HAVE STARTED OUR WINTER ARTWORKS WITH GREY SKIES AND LIGHTENING.

PE News

Sporting Schools Term 2 2023 Tennis



A massive thanks to Cameron Nash from O'Halloran Hill Tennis Club. He spent 3 weeks working with our students on Thursday and Friday mornings practising their tennis skills. They worked on bounce serving, forehand, backhand, volleys and rallies. All classes improved immensely over their lessons, moving to the ball faster and hitting with more accuracy than they started with. Activities included throwing and catching over tennis nets, catching balls with cones, singles rallies, doubles rallies, scoring with pegs and a favorite was ten pin bowling tennis style.

If your child really enjoyed these lessons and would like to continue learning tennis, please see the flyer.

BEGINNER TENNIS LESSONS

OHTC
O'HALLORAN HILL TENNIS CLUB

HOT SHOTS
tennis

FIRST SESSION FREE!

MONDAYS 4:45PM

TUESDAYS 4:45PM

WEDNESDAYS 4:45PM

THURSDAYS 4:30PM

Beginner Tennis lessons

AGES 5 - 12

30 & 45 minute sessions

\$15 per session per child

Call or text Cameron on 0492 848 065

www.ohtc.org.au oncourtcoaching@outlook.com.au



Sheidow Park celebrating the Womens World Cup 2023

The Women's Soccer World Cup starts during the school holidays and since this huge event is being held in Australia and New Zealand this July / August I would like to do something in the school to celebrate it.

We thought it might be fun for each classroom and some staff to have a team each as there are 32 teams. Then when there are games we will update a schedule with the score, then talk about and research the countries playing and the host cities (did you know Adelaide is a host city?)

Students from each class randomly picked a team at assembly and then staff were also able to randomly pick their teams. Below are the teams and who has picked them.

We would love it if families also joined in following the World Cup and their child's team as well as your own team (if you are interested in soccer).

Here is a link to check out who is playing who and score updates etc.

<https://www.fifa.com/fifaplus/en/tournaments/womens/womensworldcup/australia-new-zealand2023>

Sheidow Park World Cup Draw

GROUP A		GROUP B	
RM 8	NEW ZEALAND	RM 5	NORWAY
RM 1	PHILIPPINES	Jodi Canteen	SWITZERLAND
Captains		AUSTRALIA	Library
		CANADA	
		RM 12	NIGERIA
			REPUBLIC OF IRELAND
GROUP C		GROUP D	
RM 9	COSTA RICA	Garner Sensei	JAPAN
Megan	SPAIN	Deb . 5	ZAMBIA
Office		DENMARK	RM 11
		ENGLAND	
		RM 10	HAITI
		Miss Miller	CHINA
GROUP E		GROUP F	
Sandie	THE NETHERLANDS	Miss Wilson	PORTUGAL
JM	THE UNITED STATES	Tim	VIETNAM
RM 14		BRAZIL	RM 19
		FRANCE	
		RM 7	JAMAICA
		Buffy	PANAMA
GROUP G		GROUP H	
Sara	ITALY	OSHC	SOUTH AFRICA
RM 4	SWEDEN	Bronwyn	ARGENTINA
RM 3		GERMANY	Ambassadors
		KOREA REPUBLIC	
		Miss NM	MOROCCO
		RM 15	COLOMBIA

Jam Band

On Friday the 16th of June, Sheidow Park School was visited by the JAM Band (Just Add Music Band).

JAM Band is made up of 8 talented and charming musicians that travel around to primary schools to boost student engagement and interest in music and the performing arts. They showcase numerous instruments and styles of music as well as costumes, skits and some dancing opportunities for students and staff.

This was a vibrant and interactive show incorporating music, dance and drama concepts in a fun and exciting way for all of our students.

Some students were even given the opportunity to dress up and join in with the performers by acting, dancing, or interacting with the crowd as they played and sang songs from multiple generations and eras.

Students also got involved in a whole school dance of the Nutbush and couldn't help but sing along to the many songs they were familiar with.

It was a wonderful afternoon of music and fun and all of our teachers loved seeing the students sing and interact with the performers.

Thank you JAM Band for your performance! A big thank you to all of our students who participated and made it such a fun performance for the band.



Congratulations

Last Friday, Ms Howland accompanied Arlo, Charlie and Jake to receive their Certificates of Participation and the opening of the gallery for their entry in the SA Refugee Week Youth Poster Awards Exhibition.

Their poster was chosen as 1 of 300 entries to be included, and they came 8th overall in the primary section. Well done on their incredible work.

Student voice - Arlo, Charlie & Jake - At the start of the art ceremony we had an acknowledgment of country - then they handed out the certificates and we came 8th in the primary section



Environmental Committee

Congratulations to **Bethany S, Anne S, Caverne Y** and **Aurora T** who were our winners for our Nude Food raffle which was drawn at assembly this week.

Thanks again to everyone who entered by having Nude Food lunchboxes on Tuesdays.



Congratulations – SAPSASA News

South West/ Southern Valley Girls Hockey team
Won the District Championship.
Ava WS scored 4 goals over the competition.



Casual day – Tuesday 4th July



Casual day – Tuesday 4th July – Gold coin donation
Money raised will be going to
Treasure boxes – registered charity

Thank you for your support
Ambassadors – Jack, Mia, Ruby

Library News

LIBRARY NEWS

Overdue Books

Library books can be borrowed for 2 weeks. If books are overdue a note will be sent home reminding families to look for the book/s and return them. If they cannot be found, please make a cash payment at the front office. This is necessary to replace books.

Thank you to all of the students who return books on time.



Book Week

Book week is 19th-25th August 2023. The theme this year is 'Read, Grow, Inspire.'

A costume parade day is planned for Thursday 24th August 2023.

Both teachers and students will be taking part.

We invite everyone to wear a costume that you could make, already have, or can borrow from someone else! We understand that not everyone has a costume available. We look forward to seeing creative home-made costumes.

2023
Premier's
reading
challenge

Premier's Reading Challenge
PRC is celebrating its 20 year anniversary this year.

This year students are asked to read 20 books to complete the challenge.
PRC reading records are due Friday 8th September 2023.

2024 Enrolments



We are now open to take 2024 enrolment's including sibling enrolment's for 2025/2026/2027.

Please come to the front office to collect an enrolment form or call the front office 8381 8911 and we can email one to you.

Thank you



Student absences/sick

If your child/ren are absent
please email

dl.1537.info@schools.sa.edu.au

Or call 8381 8911

If you notice that your child(ren) are unwell in the morning,
it is important that you keep them home to prevent the spread of illness.

Our policy is to send any child home if they are sick.

Many thanks for your cooperation.



School Disco

Don't forget the school is hosting their annual disco in our OSHC hall this Friday 30th June. Therefore we will be relocating for the night to the school's library. Parents are required to collect their child/ren from the library and sign them out on our role book. If your child does not require OSHC that afternoon as they are attending the disco please let us know ASAP so the booking can be removed and we can ensure correct staffing.

July Vacation Care

The July Vacation Care program is out now! Come grab a paper copy or request an online version to be sent via e-mail. Days are filling up fast so get in quick to book your spot and avoid disappointment! Don't forget bookings require a \$50 deposit per family to confirm your place!

New CCS rebates

The Government are introducing better rebates for families regarding their out of pocket expenses as of the 1st of July, 2023. If you are already receiving CCS you do not have to do anything! If you are currently ineligible to receive CCS, you are encouraged to apply through Centrelink as you may now be able to receive it!

Digital payments only

From the 1st of July the Education Department has made the decision that all payments made to care services must be in digital form such as the QKR App/ credit card or Eftpos payments. Cash will no longer be accepted. Please contact the service if you have any questions regarding this.

OSHC Fees

A reminder that the service requires fortnightly payments made to accounts. These do not always have to be the full amount owing, but something needs to be added regularly. Once an account reaches \$100 it is our policy to send a text message to remind families to please make a payment. If nothing is received a reminder letter will be sent and your child will be unable to attend the service until a payment is received.

We understand that times are tough and encourage you to speak to Vanessa if you are having financial difficulties, however the new CCS rebates begin next week to assist families with costs.

Thankyou to the families that make regular payments J

Pupil Free Day

Don't forget the school has a Pupil Free Day coming up on Monday 24th July (Week 1, Term 3)

The service is open and will be hosting a Pj/Cosy day theme with cooking, craft and more!

Please contact the service to book in!

Term 3 Bookings

Please advise the service if would like to 'roll over' your permanent bookings for next term or if you would like to make any changes. Also, if you know of any casual bookings ahead of time, please let us know ASAP.

SHEIDOW PARK SCHOOL OSHC

Vacation Care | 10th July – 21st July 2023



WEEK 1 – WEEK 2

MONDAY 10 th July	TUESDAY 11 th July	WEDNESDAY 12 th July	THURSDAY 13 th July	FRIDAY 14 th July
SCHOOL BASED DAY	IN DAY	EXCURSION DAY	EXCURSION DAY	IN DAY
ART & CRAFT DAY Come along to be your own artist. Design and make a variety of great art creations to take home and enjoy. Activities Candles Dream catchers Painting sculptures *LUNCH PROVIDED* PASTA BAKE & GARLIC BREAD	ANIMALS ANONYMOUS Enjoy an animal show from Animals Anonymous. Meet a range of Australian animals from reptiles to sugar gliders Activities Pillow pets Sand art *LUNCH PROVIDED* SOUP & BREAD	BOUNCE Inc. GREENACRES Bounce, climb and fly as you conquer the many obstacle courses Bounce Greenacres has to offer. Activities Scratch art Bus departure: 8:30am Arrival time back: 3:30pm	INTENCITY – MARION Have unlimited fun on a variety of arcade games at Intencity Marion. Activities Hama beads Loom bands Bus departure: 10:00am Arrival time back: 2:00pm	BRIKS 4 KIDZ Enjoy a workshop where you can build and create many different LEGO sculptures/structures. Activities Wool craft Painting Bubbles *LUNCH PROVIDED* CHICKEN & RICE
MONDAY 17 th July	TUESDAY 18 th July	WEDNESDAY 19 th July	THURSDAY 20 th July	FRIDAY 21 st July
SCHOOL BASED DAY	EXCURSION DAY	EXCURSION DAY	SCHOOL BASED DAY	IN DAY
GAMES DAY <i>*Please do not supply your own electronic devices</i> Enjoy playing a variety of large and electronic games in the OSHC hall. Activities Board games – hand for the week Checkers/snake game – board for the week Large table games Afternoon: Playstation and Wii *LUNCH PROVIDED* HASHBROWNS, BREAD & FRUIT	KOORANA GYMNASTICS Have fun being a gymnast at Koorana gymnastics. Explore jumping, swinging and tumbling through a variety of obstacles. Activities Loom bands Bus departure: 9:00am Arrival time back: 1:00pm	SEMAPHORE CINEMAS & FASTA PASTA Enjoy a movie at The Odeon Theatre and a delicious lunch at Fasta Pasta – Port Adelaide. *PLACE YOUR LUNCH AND CINEMA ORDER ON THE FORM BELOW. Bus departure: 8:30am Arrival time back: 3:30pm	MASTERCHEF DAY Become a junior chef as you prepare, cook and eat a variety of different food. Enjoy making chef themed crafts and playing games. Activities Cooking & crafts *LUNCH PROVIDED* SOUP & BREAD	PLANETARIUM COMES TO OSHC Embark on the journey of exploring space and the stars – by entering the planetarium. Activities Space craft Science experiments *LUNCH PROVIDED* TUNA BAKE & GARLIC BREAD

***Reminder: Bookings are not accepted nor entered until deposit and signed vacation care forms are received.**

Contact Details
Director: Vanessa Kelly
Assistant Director: Brianna Adams

Mobile: 0418 814 057
Email: oshc.director766@schools.sa.edu.au
Times: OPEN AT 7:00am CLOSE AT 6:00pm

OSHC Updates

Sheidow Park School OSHC is operating PFD

To accomodate for the upcoming Pupil Free Day, Sheidow Park School OSHC will be operating on Monday the 24th July, from 7:00 am to 6:00pm. Bookings are now open, please see Vanessa to secure a spot.

Monday 24th July, 2023



Fun at OSHC

Come along dressed in your most comfortable clothes or PJ's and spend the day cooking, crafting and having fun with friends.

Lunch: Hotdogs and Fruit

We look forward to seeing you there!

Sheidow Park OSHC team 😊



WEEKLY SCOOP

TERM 2, WEEK 7 - 2023

LEARNING OUTCOME:

OUTCOME 4 - CHILDREN ARE CONFIDENT AND INVOLVED LEARNERS.

OUTCOME 5 - CHILDREN ARE EFFECTIVE COMMUNICATORS.

This week we have been exploring transport! We've discussed the different types of transport and had a go at making some mini models of trains, cars and hot air balloons.

Each morning we spoke about how we arrived to school and different transport our families use to get to and from places! We also asked the children that if they could arrive to school using any mode of transport what would it be? We had cars, planes, helicopters and jet backpacks!

We also had a think about different types of transport in different countries which we found interesting.



Spontaneous play is child-led and encouraged in OSHC as it allows children to develop secure and confident self-identities. This week the lego has been very popular with a couple of children extending to their creations daily to make some fantastic structures!

Next week we're exploring 'Future Careers'!



WEEKLY SCOOP

TERM 2, WEEK 8 - 2023

LEARNING OUTCOME:

OUTCOME 2 - CHILDREN ARE AND CONNECTED WITH AND CONTRIBUTE TO THEIR WORLD.

This week we have been exploring and understanding STEM! We've discussed the meaning and importance of STEM (science, technology, engineering and mathematics), as well as engaged in activities that relate back to STEM.

To start the week off, the children participated in hands-on activity including oobleck with dinosaurs, chalk drawing and building a bridge with only popsticks and sticky tape as their resource. It was amazing to see how the children used their creativity! The children also participated in LEGO and building blocks.

Each morning we spoke about how we could incorporate STEM into our day and what activities that might include.



Steiner Education – Information evening



Steiner Education Information Night

Are you interested in Steiner Education in a PUBLIC school?

We invite prospective parents/carers for current and future enrolment to an informative session regarding Steiner Education (also known as Waldorf Education) at Sheidow Park School.

**Tuesday 22nd August 2023
6.00pm to 7.30pm
Sheidow Park School**

The session will cover how Steiner Education works in a dual stream, public school. The Steiner curriculum, including discussion on the important topic of school age readiness from a Steiner perspective and the wonderful facilities and events our school has to offer.

This is an adults only evening and a great opportunity to meet your potential fellow parent/school community.

**Please RSVP to Jodie by Friday 18th August 2023
email: jodie.suisted116@schools.sa.edu.au
phone: 83818911**

Artwork created by Antares - Class 5

School Uniform



We have a sample of the new uniforms at the front office, please feel free to come and have a look.

QKR App is up and running to order Online orders delivered to school reception every Thursday morning before recess.

**Sheidow Park School Community Uniform
Marino Uniforms**

Showroom – 861 South Road, Clarence Gardens SA 5039

(Opposite Edwardstown Mazda)

Trading Hours: Monday to Friday

9am to 5pm (last fitting time 4pm)

P: 8293 3837 -

E: sales@marinouiforms.com.au

Please note we have the NEW bucket hats here at the front office \$15.00 each.

Community News

KM
COACHING.



JULY SCHOOL HOLIDAY HOCKEY CLINICS

AGES
5-16

Thursday July 13

KM Clinic \$60

9:00AM - 2:00PM

Friday July 14

KM Clinic \$60

9:00AM - 2:00PM

PACKAGE \$110

THURSDAY - 9:00AM - 2:00PM

FRIDAY - 9:00AM - 2:00PM

*FAMILY DISCOUNTS AVAILABLE - SEE EVENT INFO



Registration Link

www.kmcoaching.com.au

VENUE - SEACLIFF HOCKEY CLUB

Arts by Nature



Bubs & Cubs Eco Art in Nature & Sensory Play

1 hour workshop 9.30am-10.30am

Childrens Nature Potion Play Sessions

1 hour session 9.30am-10.30am

Mondays & Tuesdays during School Holidays at Hallett Cove

Nature Based, eco friendly tools, paints and materials.
Nurturing tactile and sensory experiences, fostering mindfulness & creativity.
We are aiming to still run sessions outdoors unless its raining.
In this case we will move to a sheltered/ indoor location.
Small groups 10-15 children per session. Spaces Limited.
All abilities. We welcome ages from birth-12yrs old.

Cost is \$20 per child,
siblings and under 6 mth \$15

Book via arts-bynature.square.site or
email artsbynature@outlook.com

 **Follow Us: @arts_bynature**



Arts
by Nature

YOUNG ENTREPRENEURS



Young Hearts Pop-Up Market



📷📱 @younghearts5158



JULY 21
3PM - 6PM
@ COVE
CIVIC CENTRE



Enquiries to
younghearts5158@gmail.com

A market for school aged
students, living in 5158.
Open to the community
to come along and
encourage our youth!

**SENSORY ROOM,
COFFEE,
COLD DRINKS,
BAKED GOODS**



Hosted by
@mirroredhearts1