




NEWSLETTER

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DIARY DATES : TERM 2, 2023

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1	1/5 Term 2 STARTS	2/5 Cross Country	3/5	4/5	5/5
Week 2	8/5	9/5	10/5 Class 5 - camp	11/5 Book fair starts	12/5
Week 3	15/5	16/5 Governing Council	17/5	18/5	19/5
Week 4	22/5	23/5	24/5	25/5	26/5
Week 5	29/5	30/5	31/5	1/6	2/6
Week 6	5/6 Virtual Cross Country	6/6	7/6	8/6	9/6 Pupil Free day
Week 7	12/6 Public Holiday	13/6 Dental for Schools	14/6	15/6	16/6 Fight MND Fundraiser (beanies) Jam Band
Week 8	19/6	20/6 	21/6	22/6	23/6 
Week 9	26/6	27/6	28/6	29/6	30/6 School Disco 
Week 10	3/7	4/7	5/7 Rooms 1,3 & 4 Excursion 	6/7 Steiner Winter Festival 	7/7 2.10pm dismissal Rooms 11,12 & 19 Excursion  

School Returns Term 2 – TUESDAY 25th July

HEALTHY... WELL-THY ...& WISE!

Berry Street Education Model

Where are we at?

We are now in the thick of the school year. The healthy relationships we have forged with students will be fortified—and tested—as we plan for our students to meet ambitious academic goals. We aim for a trauma-informed, strengths-based practice that is relational. It holds students steady, particularly when hitting those everyday speedbumps of learning new content and new skills. We are constantly working to build our strategies to increase a culture of belonging and classroom community, and to develop new resources to share with your children.

Morning circle

A priority inclusion strategy at our school...



The first 5 minutes of class are critical for setting the tone for the rest of the learning. Consistent rhythms and routines, particularly ones that embed intentional positive micro-moments, are powerful healing interventions as they “help build confidence that positive events will occur and ...flexibility when unexpected events are encountered” (Brunzell, 2016). Welcome circles – nurturing routines that support engagement in learning and wellbeing – are a key strategy for consistently embedding strengths and also tending to the body and relational connection.

This routine of forming a circle with our young people to review key values and expectations and celebrate any announcements and successes, serves as a threshold between the outside world and the complex task of learning. It allows young people to ground themselves, co-regulate and establish a common rhythm for the learning day. At Sheidow we take the time to check in and connect with our students, we are not only setting them up to get much more out of the learning, but we are providing an opportunity for us, as educators, to get on the front foot of any potential issues that may present as speedbumps for learning.



A huge **CONGRATULATIONS** to Bethany and Maia from Class 2/3 for receiving Celebration of Values notices. Thank you so much for your positive contribution to our school.

Classroom News – Room 19

Steiner Reception Room 19.

We have been preparing for our Winter celebrations as part of our Steiner curriculum. We acknowledge the coming of winter, the seasonal cycle, and the specific environmental alterations that come with the changing of the seasons. We read stories that tell us about how our animals prepare for darker days, colder weather, and the need to find shelter. We celebrate winter by acknowledging the inner light in ourselves and in our community.

To appreciate our inner light, we have been decorating our own winter candles and sharing our winter festival songs with our families.

The children used sheets of coloured bees wax and cutter to create designs and patterns. The children then could take their candles home and share their festival songs with their families extending the reverence of festivals from school to their home environment.



PE News



Congratulations – Ava WS for being selected for the Southwest/Southern Valley Hockey team

State Cross Country

CONGRAUTLATIONS Charlie and Blake who competed at the State Cross Country at Oakbank last week.

They've placed 83rd (Charlie) and 85th (Blake) - roughly top 3rd of runners... huge effort considering the weather conditions on the day. Well done boys!!!



School Photos



Say Cheese



Our school Photo Day is: **FRIDAY 23RD June**

PLEASE NOTE: Paperless ordering – no envelopes

To order school photos please keep a look out for your email containing your child's unique shoot key & remember these helpful tips:

- Keep a look out for an email from MSP Photography – Check your junk folder
- Use the unique shoot key provided in the email to place your order online before the close date. If you have more than 1 student at the school you will also receive a FAMILY shoot key. Use this to order Family photos.
- To place your order please click on <https://orders.msp.com.au/ordering/access> and enter the shootkey
- Your child is not required to hand anything in on photo day.
- If you do not have an email address please collect a spare envelope from the schools front office.

Online Orders will Close on Wednesday 28th June 2023 @ 11pm

Family / Sibling Photos.

If you wish to have a Sibling / Family Photo please place your Order Online by 5pm the day before Photo Day
We can not guarantee a Sibling / Family Photo will be taken after this date.
Don't forget to Remind your children about the family photos.

If you haven't received a family Shootkey please contact MSP – Adelaide South

Online orders with a total of \$100.00 or more per family will automatically receive a 10% discount when ordered together online.

All orders are sent to the school and distributed through home care groups. Please advise if your order needs to be sent to the school's front office for you to personally collect.

If you wish to pay cash, envelopes are available from the School.

Please Note: MSP will not chase payment. A \$18.00 Late Fee will only be charged if you are ordering a week after the final online close date.

100% Money Back Guarantee within 14 Days of delivery. If your child is absent from photo day and catch up (if applicable) an automatic refund will occur.

Any order enquiries please contact MSP on 08 8391 3951. Please do not contact the School.

Thanks

MSP Photography – Adelaide South Unit 1, 15 Light Cres, Mount Barker SA 5251 Ph 08 8391 3951
Email: MSPSCHOOLPHOTOS@msp.COM.AU

Winter Disco Information



SHEIDOW PARK SCHOOL

Friday 30th June Week 9

\$17 Pizza Meal Deal & Entry

Winter Disco

pre-purchase ticket & meal deal on QKR
ORDERS CLOSE THU - 22ND JUNE

TICKET ONLY - \$10

Magic Mike

The poster features a blue background with white snowflakes and colorful confetti at the bottom. It includes the Sheidow Park School logo, a DJ icon labeled 'Magic Mike', and a circular call to action for pre-purchasing tickets and meals.



SHEIDOW PARK SCHOOL

Friday 30th June Week 9

Winter Disco Glows

- Floral Glows: \$6
- Floral Headbands: \$3
- Colorful Goggles: \$5
- Floral Wreath: \$5
- Colorful Wings: \$7
- Snowflake Wand: \$5

AVAILABLE FOR SALE ON THE NIGHT

The poster displays six different glow items, each in a colored frame with a price tag. The items include a circular floral glow, a floral headband, a pair of colorful goggles, a floral wreath, a pair of colorful wings, and a snowflake wand. The background is blue with white snowflakes and colorful confetti.

Environmental Committee

Congratulations to all students who entered our Nude Food competition by having nude food lunch boxes on Tuesdays over the past 3 weeks.

Here are our winners!

Congratulations to Zander B, Jack H, Kaeley W and Liam C.





July Vacation Care

The July Vacation program is now out!

Come grab a paper copy or request an online version to be sent via e-mail.

Early bird prices are available now until Friday 23rd June -week 8 so get in quick to book your spot and avoid disappointment!

School Disco

The school is hosting their annual disco in our OSHC hall on Friday 30th June. Therefore we will be relocating for the night to the school's library. Parents are required to collect their child/ren from the library and sign them out on our role book.

If your child does not require OSHC that afternoon as they are attending the disco please let us know ASAP so the booking can be removed and we can ensure correct staffing.

School sports/ clubs

Please let us know if your child/ren will be attending after school sports/ clubs on school grounds. We can assist getting them to their activity and collect again once finished, we just require a sports release form to be signed. This is a legal requirement to ensure we know their whereabouts whilst in our care.

Thankyou for your understanding.

New CCS rebates

The Government are introducing better rebates for families regarding their out of pocket expenses as of the 1st of July, 2023.

I will provide more information closer to the time when I receive this, but it means care will be more affordable for families! ☺

Digital payments only

From the 1st of July the Education Department has made the decision that all payments made to care services must be in digital form such as the QKR App/ credit card or Eftpos payments. Cash will no longer be accepted. Please contact the service if you have any questions regarding this.

Pupil Free Day

Don't forget the school has a Pupil Free Day coming up on
Monday 24th July (Week 1, Term 3)

The service is open and will be hosting a Pj/Cosy day theme with cooking, craft and more!

Please contact the service to book in!

SHEIDOW PARK SCHOOL OSHC

Vacation Care | 10th July – 21st July 2023



WEEK 1 – WEEK 2

MONDAY 10 th July	TUESDAY 11 th July	WEDNESDAY 12 th July	THURSDAY 13 th July	FRIDAY 14 th July
SCHOOL BASED DAY	IN DAY	EXCURSION DAY	EXCURSION DAY	IN DAY
ART & CRAFT DAY Come along to be your own artist. Design and make a variety of great art creations to take home and enjoy. Activities Candles Dream catchers Painting sculptures *LUNCH PROVIDED* PASTA BAKE & GARLIC BREAD	ANIMALS ANONYMOUS Enjoy an animal show from Animals Anonymous. Meet a range of Australian animals from reptiles to sugar gliders Activities Pillow pets Sand art *LUNCH PROVIDED* SOUP & BREAD	BOUNCE Inc. GREENACRES Bounce, climb and fly as you conquer the many obstacle courses Bounce Greenacres has to offer. Activities Scratch art Bus departure: 8:30am Arrival time back: 3:30pm	INTENCITY – MARION Have unlimited fun on a variety of arcade games at Intencity Marion. Activities Hama beads Loom bands Bus departure: 10:00am Arrival time back: 2:00pm	BRICKS 4 KIDZ Enjoy a workshop where you can build and create many different LEGO sculptures/structures. Activities Wool craft Painting Bubbles *LUNCH PROVIDED* CHICKEN & RICE
MONDAY 17 th July	TUESDAY 18 th July	WEDNESDAY 19 th July	THURSDAY 20 th July	FRIDAY 21 st July
SCHOOL BASED DAY	EXCURSION DAY	EXCURSION DAY	SCHOOL BASED DAY	IN DAY
GAMES DAY <i>*Please do not supply your own electronic devices</i> Enjoy playing a variety of large and electronic games in the OSHC hall. Activities Tabletop – hand for the week Cheaply bought games – hand for the week Large indoor games Afternoon: Playstation and Wii *LUNCH PROVIDED* HASHBROWNS, BREAD & FRUIT	KOORANA GYMNASTICS Have fun being a gymnast at Koorana gymnastics. Explore jumping, swinging and tumbling through a variety of obstacles. Activities Loom bands Bus departure: 9:00am Arrival time back: 1:00pm	SEMAPHORE CINEMAS & FASTA PASTA Enjoy a movie at The Odeon Theatre and a delicious lunch at Fasta Pasta – Port Adelaide. *PLACE YOUR LUNCH AND CINEMA ORDER ON THE FORM BELOW. Bus departure: 8:30am Arrival time back: 3:30pm	MASTERCHEF DAY Become a junior chef as you prepare, cook and eat a variety of different food. Enjoy making chef themed crafts and playing games. Activities Cooking & crafts *LUNCH PROVIDED* SOUP & BREAD	PLANETARIUM COMES TO OSHC Embark on the journey of exploring space and the stars – by entering the planetarium. Activities Space craft Science experiments *LUNCH PROVIDED* TUNA BAKE & GARLIC BREAD

***Reminder: Bookings are not accepted nor entered until deposit and signed vacation care forms are received.**

Contact Details

Director: Vanessa Kelly
Assistant Director: Brianna Adams

Mobile: 0418 814 057

Email: oshc_director766@schoolk.sa.edu.au

Times: OPEN AT 7:00am CLOSE AT 6:00pm

WEEKLY SCOOP

TERM 2, WEEK 5 - 2023

LEARNING OUTCOME:

OUTCOME 3 - CHILDREN HAVE A STRONG SENSE OF WELLBEING

Last week's theme we explored a range of different sports, well we did the best we could with the weather we got!

We did have to improvise a little and alter our sports to make them playable in the OSHC hall on some afternoons as the weather wasn't playing ball! We utilised the basketball hoop inside and set up a mini court for children to play.



We set up an indoor soccer challenge using a soft ball attached to the boxing bag bracket and children had 1 minute to get as many points as they could - 1 point for the yellow wall and 5 points for the white section. This definitely allowed for some friendly competition with the most challenging part was for the educators trying to keep tally of all the points!



Spontaneous play is child-led and encouraged in OSHC as it allows children to develop secure and confident self-identities. This week we shared some discussions around reconciliation week through the book "Somebody's Land" - Adam Goodes & Ellie Laing.

Next week we're looking at transport starting off the week with Hot Air Balloons!

WEEKLY SCOOP

TERM 2, WEEK 6 - 2023

LEARNING OUTCOME:

OUTCOME 4 - CHILDREN ARE CONFIDENT AND INVOLVED LEARNERS.

OUTCOME 5 - CHILDREN ARE EFFECTIVE COMMUNICATORS.

This week we have been exploring transport! We've discussed the different types of transport and had a go at making some mini models of trains, cars and hot air balloons.

Each morning we spoke about how we arrived to school and different transport our families use to get to and from places! We also asked the children that if they could arrive to school using any mode of transport what would it be? We had cars, planes, helicopters and jet backpacks!

We also had a think about different types of transport in different countries which we found interesting.



Spontaneous play is child-led and encouraged in OSHC as it allows children to develop secure and confident self-identities. This week the lego has been very popular with a couple of children extending to their creations daily to make some fantastic structures!

Next week we're exploring 'Future Careers'!

School Uniform



We have a sample of the new uniforms at the front office, please feel free to come and have a look.

QKR App is up and running to order Online orders delivered to school reception every Thursday morning before recess.

**Sheidow Park School Community Uniform
Marino Uniforms**

Showroom – 861 South Road, Clarence Gardens SA 5039

(Opposite Edwardstown Mazda)

Trading Hours: Monday to Friday

9am to 5pm (last fitting time 4pm)

P: 8293 3837 -

E: sales@marinouniforms.com.au

Please note we have the NEW bucket hats here at the front office \$15.00 each.

Community News

Tennis lessons from sporting schools coach Cameron

BEGINNER TENNIS LESSONS



FIRST SESSION FREE!

MONDAYS 4:45PM

TUESDAYS 4:45PM

WEDNESDAYS 4:45PM

THURSDAYS 4:30PM

**Beginner Tennis
lessons**

AGES 5 - 12

**30 & 45 minute
sessions**

\$15 per session per child

Call or text Cameron on 0492 848 065

www.ohtc.org.au oncourtcoaching@outlook.com.au

Aberfoyle Park
High School



CAREER EXPO 2023



Aberfoyle Park High School

Come in and chat about Career Pathways,
Courses, Apprenticeships, Traineeships
and Employment

**Public
Welcome**

When:



Thursday, 10 August 2023

Time:



5.00pm - 7.00pm

Where:



The Hub Recreation Centre

Enquiries:



Kass.Holmes92@schools.sa.edu.au

CRICOS Provider No. 00018A



Arts by Nature



Bubs & Cubs Eco Art in Nature & Sensory Play

1 hour workshop 9.30am-10.30am

Childrens Nature Potion Play Sessions

1 hour session 9.30am-10.30am

Mondays & Tuesdays during School Holidays at Hallett Cove

Nature Based, eco friendly tools, paints and materials.
Nurturing tactile and sensory experiences, fostering mindfulness & creativity.
We are aiming to still run sessions outdoors unless its raining.
In this case we will move to a sheltered/ indoor location.
Small groups 10-15 children per session. Spaces Limited.
All abilities. We welcome ages from birth-12yrs old.

Cost is \$20 per child,
siblings and under 6 mth \$15

Book via arts-bynature.square.site or
email artsbynature@outlook.com

 **Follow Us: @arts_bynature**



Arts
by Nature



JULY SCHOOL HOLIDAY CLINICS

COME AND TRY OUR VOLLEYBALL CLINICS - THEY ARE A GREAT WAY TO STAY ACTIVE DURING THE HOLIDAYS, WHILE TRYING SOMETHING NEW OR PRACTICING THOSE SKILLS FOR UPCOMING COMPETITIONS!

SESSION 1 9:00AM - 12:00PM
(AGES 11-18)

SESSION 2 12:00PM - 3:00PM
(AGES 5-11)

\$50 / PERSON (PER SESSION)

SIGN UP



WEEK 1

TUESDAY	11TH JULY	BRIGHTON
THURSDAY	13TH JULY	LOFTY
FRIDAY	14TH JULY	CAMPBELLTOWN

WEEK 2

MONDAY	17TH JULY	LIGHTSVIEW
THURSDAY	20TH JULY	BRIGHTON
FRIDAY	21ST JULY	HENLEY