



NEWSLETTER

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DIARY DATES : TERM 1, 2023

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1	30/1 Term 1 STARTS	31/1	1/2	2/2	3/2
Week 2	6/2	7/2	8/2	9/2	10/2
Week 3	13/2	14/2	15/2	16/2	17/2
Week 4	20/2	21/2 AGM	22/2	23/2	24/2
Week 5	27/2	28/2	1/3	2/3	3/3
Week 6	6/3	7/3	8/3	9/3	10/3
Week 7	13/3 Adelaide Cup	14/3	15/3	16/3	17/3
Week 8	20/3 Room 1 Excursion	21/3	22/3	23/3	24/3 National Ride2school
Week 9	27/3	28/3	29/3 Kyton's delivery	30/3 Yr 5 & 6 - Aquatics	31/3 Rm 1,2,3,4,11,12,19 Excursion
Week 10	3/4	4/4	5/4	6/4	7/4 Good Friday 
Week 11	10/4 Easter Monday 	11/4 Wacky Week-Crazy Hair	12/4 Wacky Week - When I Grow up	13/4 2.10pm dismissal SPORTS DAY!	14/4 Last day of Term 1 2.10pm dismissal  Wacky Week - Casual clothes - Gold Coin donation

School Returns Term 2 – Monday 1st May

HEALTHY...

WELL-THY

...AND WISE!

Who is Deb Smith?

Deb is our wonderful Pastoral Care Worker (PCW)

Deb provides a chaplaincy service to Sheidow Park School on behalf of the local combined Christian community to provide additional support as needed.

Deb works closely with the leadership team and other staff at Sheidow Park to provide pastoral care and practical support to students, families and staff as requested.

Deb also works across the whole school supporting and encouraging school community.

Deb has been working within school communities for 18+ years and has developed many connections and strong relationships.

She is a very approachable, respectful and caring person who always shows compassion and understanding.



Students can access Deb by asking their teacher to make an appointment or by seeing her at recess / lunch time. Adults can call, email or see Deb in person at Sheidow Park School to make an appointment.

When Deb had her biennial PCW review, which includes information fed back by staff, students and parents/caregivers in the form of surveys, some of their words used to describe Deb were:
supportive, caring, kind, friendly, amazing, respectful, helpful, active listener, enthusiastic!

Just a few of the services Deb can provide:

- “ Recruiting and organizing volunteers
- “ Support for families or individuals in times of crisis
- “ Food hampers / emergency food
- “ Support at special school events
- “ Fundraising initiatives
- “ Home visits
- “ Informal chats
- “ Religious education
- “ Strong connections within the community
- “ Referrals to support agencies
- “ Kimochi lessons

Deb also has a BA in Counselling, Grief and Loss.

Deb's regular days at Sheidow Park are

Tuesday and Thursday.

Phone: 83818911

Email: debra.smith163@schools.sa.edu.au

Aquatics



Each year our year 5 and 6 students are involved in the Water Safety and Aquatics program at Pt Noarlunga

Beach. The year 5 students work in groups to learn about safety in the ocean. They get to experience activities in groups and learn how to help themselves and others when swimming at the beach. Students had a great time exploring the water, playing games in the surf and had a go at snorkeling.

Year 6 students have an opportunity to try different aquatic events. The activities they could choose included surfing, body boarding, stand up paddle boarding, kayaking and snorkeling. Students were able to work in small groups with trained instructors to stretch themselves and try new things. It was fantastic to see students standing up on paddle boards (and falling in), kayaking under the bridge and investigating the reef. Some students even saw a seahorse or two.

Aquatics is a great way for students to experience new activities, communicate with new people and challenge themselves in the activities.

Once again there was some great feedback from the instructors about our students. They were impressed with their manners and ability to try new things. Well done to all students, it was a great day!

Kara

I enjoyed the snorkeling; we saw lots of different fish and coloured coral.

Dom

I loved seeing the underwater world from a different perspective. We saw lots of fish.

Riley

I loved the bodyboarding; it was so fast catching the waves and there were no rocks.

Zali

We had to swim safely between the white flags. The best thing was body boarding, catching the waves was fun.

Arlo

I enjoyed learning to push my elbows in and use the body board correctly.



CUBBY BUILDING

On Wednesday 22nd March all the JP classes participated in a fantastic Cubby Building Incursion hosted by Nature Play.

It was wonderful to see our students use creativity, teamwork, resilience and have fun while they created some incredible shelters!



School uniform sale

Due to the change in school logo, we have some old stock that we will be selling at a reduced price on **Sports Day**. We also have some current logo stock from our old supplier that we will be selling too. The stock is limited and there are various sizes available. Students will be able to wear old logo stock till the end of 2025.
(Eftpos available)

From Term 2 we will be using another supplier for our school uniforms. We are excited to have Marino Uniforms as our new supplier. Their products are high quality with more affordable prices. They have a shop that you can visit on South Road Clarence Gardens but from Term 2 you will also be able to order and purchase things on QKR. The orders will be dropped at school on a weekly basis for you or your child to pick up. So convenient!

UNIFORM SALE



Polo Shirt - Old logo \$15.00
- New logo \$28.00



PE Polo Shirt - Old logo \$15.00
- New Logo \$25.00



Zip Up Fleece - Old logo \$20.00
New Logo \$40.00



Shorts - \$10.00

UNIFORM SALE



Podium Skort - \$15.00



Bucket Hats - \$15.00



Gingham Culottes - \$30.00



Scrunchies - \$5.00



Dress - \$10.00

Aerokids – Sporting School

Thank you to the fabulous Kylie from AERO Kids for coming to our school for the past 4 weeks on Wednesdays to teach our students how to make their gymnastics shapes, jump, engage their core, roll and handstand safely.

On the final week the students were able to put all their learning into action in an awesome circuit with 5 stations to practise the skills they had learnt.

Students had an amazing time and learnt so much. They are excited to have Kylie back on Sports Day so they can show all they have learnt to the families who attend.



Week 11 – Fundraising – Wacky Week

Gold coin donation: Friday Casual Day

Wacky Week 2023

Monday – Easter Monday

Tuesday – Crazy Hair

Wednesday – When I Grow Up

Thursday – Sports Day

Friday – Casual Clothes Gold Coin Donation for Variety

Wacky Week



Ride2School

Ride 2 School Day Friday 24th March

Thank you to all students and families who participated in last weeks Ride 2 School Day. Our School had over 40 students ride or scoot to school and many more walked. Hopefully we have lots of students continue to be active on the way to school. It was great to see the bike racks full and everyone wearing helmets and being safe on their travels to school.

Miss Sara and the House Captains



Term 1 Bookings

Please let us know ASAP if you require bookings during the term, either permanent or casual to assist us with staffing.

If you require care for your child especially on a **Tuesday afternoon (early finish)** please notify us ASAP as we book out with 50 children almost every week, so the later booking time, the less chance you have of securing a spot. Once we reach capacity we are unable to accept any more children, due to licensing and staffing. Parents will be advised and children will be sent to the front office and need to be collected from there.

Medical forms

Please remember if your child requires medication or a puffer at OSHC you are required to provide **up to date medical plans from a GP as well as the medication. It is a legal requirement whilst they attend our service.**

If these elements are not provided, the children will be unable to attend the service.

Please speak to Vanessa if you are unsure if your child's dates (plans or medication) have expired.

April Vacation care

Don't forget to have a look at the Vacation Care program that is out now! We have lots of various activities for you child/dren including visitors, excursions and homebased days. If you have friends/ family from other schools they are also welcome to attend our service ☺

Cancellation Policy

Just a reminder that we have a **no cancellation policy** regarding bookings. Unfortunately once you make the booking regardless if your child attends the session or is unwell and does not attend you will still be charged, however you are still eligible for CCS (and for most families) are only required to pay the gap payment.

I understand it is frustrating when children become ill on the day and therefore don't require the session however we still need to pay staff that have been booked to cover the staff to ratio legalities.

We are a service that is run purely on parent contributions (fees) and receive no government funding or support, therefore if fees are not paid and are asked to be cancelled without charge (by some parents) we then have to use the money to cover costs from the budgets of resources and food for the children.

So please (without offence) do not ask to cancel and not be charged for sessions on the day/ or the next day etc. If your family is going away in the future please notify me asap and I can change those bookings, however please understand I cannot cancel sessions for illness, as does other services such as child care etc who are in the same position.

Thankyou to the families that continue to support our service ☺

Don't forget to notify us!

Just a friendly reminder to please let us know if your child is absent, on holidays, school crossing duty, school sports, on excursion, school transition visit, camp, traffic duty or something else to avoid us having to search the school for them. As you can imagine it is a busy time during afternoon arrivals and affects ratios if educators are out having to look for children that will be arriving late or are not at school!

Just a friendly reminder.....

OSHC has a No cancellation policy, once booked and if you cancel, you will be charged for the session.

If your child is unwell and will not be attending a booked session, please advise us as soon as possible as this saves considerable time looking for them after school has finished.

Casual bookings

Before School Care: Please advise staff before 7:00am prior to the session commencing.

After School Care: Please advise OSHC before 2:30pm and advise the school office.

Any walk in's will be charged a walk in fee of \$5.00 per child.

SHEIDOW PARK SCHOOL OSHC

Vacation Care | 17th April – 28th April 2023



WEEK 1 – WEEK 2

MONDAY 17 th April	TUESDAY 18 th April	WEDNESDAY 19 th April	THURSDAY 20 th April	FRIDAY 21 st April
SCHOOL BASED DAY	EXCURSION DAY	INCURSION DAY	EXCURSION DAY	SCHOOL BASED DAY
				
70'S/ DISCO FEVER DAY Join us in celebrating the 70's/ 80's disco fever era by playing musical games, enjoying the juke box and doing some disco themed crafts. Activities Musical games Juke box (held for the week) Flower crowns Limbs *LUNCH PROVIDED* PARTY FOOD	URIMBIRRA WILDLIFE PARK Join us as we explore Urimbirra Wildlife Park. There are a variety of Australian Animals to feed, pet & interact with. Activities Loom bands Bus departure: 8:30am Arrival time back: 3:30pm	NATURE PLAY MOBILE JUNK YARD WORKSHOP Have fun in nature as you build cubbies and enjoy playing outside in our nature play workshop hosted by Mobile Junk & Nature Play. *LUNCH PROVIDED* HASHBROWNS, FRUIT & BREAD	INFLATABLE ZONE Have fun on the variety of inflatable bouncy castles and obstacles courses Inflatable Zone has to offer. Activities Hama beads Ice cube painting Bus departure: 10:00am Arrival time back: 1:00pm	PJ's, MOVIES, COOKING & CRAFT Come dressed in your most comfy PJ's and sit and relax with our movie, cooking and craft options. Activities Popcorn Art & craft *LUNCH PROVIDED* TUNA BAKE & GARLIC BREAD

MONDAY 24 th April	TUESDAY 25 th April	WEDNESDAY 26 th April	THURSDAY 27 th April	FRIDAY 28 th April
SCHOOL BASED DAY	EXCURSION DAY	EXCURSION DAY	EXCURSION DAY	INCURSION DAY
				
WHEELS DAY *Must bring your own helmet to be able to ride Bring your bike or scooter to OSHC and have fun on our outside track. Activities Painting Funny face cookies *LUNCH PROVIDED* PASTA BAKE & GARLIC BREAD	ANZAC DAY <i>Left We Forget</i> OSHC Closed!	WIZBANG FAMILY FUN CENTRE Have fun playing black light mini golf, laser tag, disco dancing and the jungle gym. Enjoy a nice lunch at Civic Park and a play on the playground. Bus departure: 8:30am Arrival time back: 3:30pm	SA BASE CAMP Explore what it's like to be a Ninja Warrior on the SA base camp course in Port Adelaide. Activities Large inside board games Bus departure: 9:00am Arrival time back: 3:00pm	NERF WARS Fun Time Party is bringing Nerf Wars to OSHC, where you will be battling it out. All Nerf equipment will be provided please don't bring your own. Activities Art & Craft *LUNCH PROVIDED* CHICKEN, RICE & BREAD

Contact Details
 Director: Vanessa Kelly
 Assistant Director: Brianna Adams

Sheidow Park School Sports Day!

Reminder the date is Thursday 13th April!
We will have a **2.10pm early finish** after all activities have been completed.

House Colours are:

Hardy – Yellow

Morphett – Purple

O'Halloran – Blue

Reynell – Red

Jodie in the canteen will again be serving delicious food all day as well as a sausage sizzle for lunch.

Orders can be placed on QKR for students
(Orders close 31st March) – Parents can purchase on the day

Our fundraising team have organised a coffee van to be on site most of the day.

Uniform stall will be set up on oval.

We hope lots of you can join us for a fabulous event 😊



Sports Day Chants

Hardy Chant 2023

Hardy Hardy We're the best
We won't stop and
We won't rest

You'll hear us Cheer
Loud and Clear

This will finally be our year

Make us proud
Shout out loud
Our team will attract the crowd

H-A-R.D.Y.

Gooooooooo Hardy

Morphett Chant

Morphett Morphett here we come
We will be number one

We will show you who's the best
We will put our skills to the test

Morphett Morphett it's our year
Just wait until you hear us cheer

We will have no no fear
So clap your hands coz Morphett's
here

GO MORPHETT!!

Reynell Chant

Reynell, Reynell, hear we come
We are big and we are strong

We will be number one
While we have heaps of fun

We will try, we won't give in
We will always, strive to win

We won't stop until we're done
Reynell, Reynell here we come!

R-E-D

REYNELL!!!

O'Halloran Chant

O'Halloran, O'Halloran
This is our year
Hear our cheer
so so clear

We're on a roll
and hard to beat
You really need to
move your feet

We're so fast, we can't be last
You've never caught us in the past

GOOOOOO O'Halloran

Football in Schools is back at Sheidow Park School oval in Term 2

Starting Week 2, Term 2 on Monday afternoons for 8 sessions.

Please register your child online today if they are interested in learning soccer skills and having some fun.

Forms can be picked up from the front office



FOOTBALL IN SCHOOLS

CLUEY MINI ROOS

School: Sheidow Park Primary
Start Date: 8 May 2023
Finish Date: 3 July 2023
Time: 3.20PM - 4.20PM **Contact:** footballinschools@footballsa.com.au

JOIN TODAY!

CONTACT US (08) 8340 3088

TO PAY ONLINE PLEASE VISIT www.footballsa.com.au/footballinschools

FOOTBALL SOUTH AUSTRALIA

CLUEY MINI ROOS

Carls Jr. FOOTBALL SOUTH AUSTRALIA

Carls Jr.

Government of South Australia
Office for Recreation, Sport and Racing

SPORTS VOUCHERS

CLAIM your \$100
One voucher each calendar year for children aged 5 to 15 years old

I confirm my child has not already claimed a voucher in 2023

Child's information

First name: Family name:

Child date of birth: / / Gender: Male Female Gender diverse

Is this the first time your child has joined this sport / dance organisation? Yes No

Has your child been identified as living with a disability? Yes No

Is your child from a culturally and linguistically diverse background? Yes No

Is your child from an Aboriginal or Torres Strait Islander background? Yes No

Medicare information

Medicare number: Reference number:

OR Australian visa number:

Parent/Guardian information

First name: Family name:

Street address: Suburb:

Postcode: Contact number:

Email:

An email notification may be sent to the above email address (assuming it is correct) advising the authorisation of the voucher used for your child

To be presented at an approved Sports Voucher provider. To find your nearest provider or for more information please visit www.sportsvouchers.sa.gov.au. Not redeemable for cash, only a reduction to membership/registration fees. Redemption value not to exceed \$100.00. In presenting this voucher I give permission to the Sports Voucher provider to share my information with the Office for Recreation, Sport and Racing (ORSR). The ORSR may share de-identified information with third parties (eg other agencies of government, research institutions, etc) to improve the administration, outcomes or effectiveness of the Program.

Game On www.footballsouthaustralia.com.au

FOOTBALL SOUTH AUSTRALIA sportsvouchers.sa.gov.au

Forest Installation

IT'S NEVER TOO LATE!!
to get your leaf or picket on our beautiful
Forest Art Installation



Order forms are available from the
front office
or can be found under 'Documents'
in the Team App
Orders will go in at the end of Term 1
Orders close for Term 1
4th April 2022

Year 6 Information



Aberfoyle Park High School

PRINCIPAL TOURS 2023

Come and meet our engaged students and inspiring teachers, be captivated by our dynamic programs and state of the art technology in a school where your child is our focus.

I look forward to meeting you at a tour.

Marion Coady
Principal

Taylor's Road East
Aberfoyle Park SA 5159
Phone: 08 8270 4455
Email: info@aphs.sa.edu.au

All tours 9.00am-10.30am

Wednesday, 12 April
Thursday, 4 May
Monday, 8 May
Thursday, 15 June
Monday 21 August
Wednesday, 20 September
Friday, 27 October

Online bookings essential via
www.aphs.sa.edu.au

Member of the Department for Education
174 South Australian Government Schools
DNCOS Provider No. 00088A



Government of South Australia
Department for Education



2024 VOLLEYBALL & SOCCER PROGRAMS

Open for all 2024 Year 7 students

Applications open until Friday 31 March 2023

Trials: Wednesday 5 April 2023

8:30-10:30am

Volleyball Program
Application Form



Soccer Program
Application Form



Community News



APRIL SCHOOL HOLIDAY CLINICS

COME AND TRY OUR VOLLEYBALL CLINICS - THEY ARE A GREAT WAY TO STAY ACTIVE DURING THE HOLIDAYS, WHILE TRYING SOMETHING NEW OR PRACTICING THOSE SKILLS FOR UPCOMING COMPETITIONS!

SESSION 1 9:00AM - 12:00PM

SESSION 2 12:00PM - 3:00PM

AVAILABLE FOR THOSE AGED
5 - 18 YEARS

\$50 / PERSON (PER SESSION)

SIGN UP



WEEK 1

TUESDAY	18TH APRIL	BRIGHTON
WEDNESDAY	19TH APRIL	HENLEY
FRIDAY	21ST APRIL	LIGHTS

WEEK 2

THURSDAY	27TH APRIL	LOFTY
FRIDAY	28TH APRIL	BRIGHTON

Friday 28th April
3 - 6pm
Cove Civic Centre
Hallett Cove
@younghearts5158
younghearts5158@gmail.com

Young Entrepreneurs
from post code 5158,
coming together to
share their products
with the local
community. We hope
to see you all there.

Cold Drinks ♥ Fresh Baked Sweets
Gifts ♥ Hand -made Products ♥ and more!

♥♥♥♥♥
**Young Hearts
Pop-Up Market**
♥♥♥♥♥

Thank you to our sponsors...

Sensory Room by



Hosted by



@mirroredhearts1

Free Face Painting by



Future Dates

21/07

13/10



CHESS MATES

FUN CHESS CLASSES FOR KIDS

Easter Holidays



Prep -
Grade 6

Looking for something fun and exciting for the kids these school holidays? Something challenging, engaging and encouraging new friends? Well, we've got you covered!



Chess



Tournaments



Scan or visit
chessmates.com.au/holidays





Where Golf and Community Meet

2023 JUNIOR GOLF CLINICS

ALL AGES WELCOME

**-NOVICE-
-INTERMEDIATE-
-ADVANCED-**



TERM 2 CLINICS (6 weeks)

WHEN: Every Wednesday 10th May – 14th June

TIME: 4pm – 5pm

COST: \$65

To book or find out more visit:
www.fhgc.com.au/golf/junior-golf



SA Police have noticed an increase in antisocial behaviour in the vicinity of the Belair mountain biking trails, surrounding streets, and on trains and train platforms.

There have been incidents of objects being thrown at cars on Belair Road and Old Belair Road. Throwing objects on roads and at cars can cause serious injury and even death.

Police have also received reports about dangerous bike riding on the roads leading to the trails around the Mitcham and Lower Mitcham areas.

With Easter and School Holidays approaching SA Police support young people being involved in healthy, physical activities including mountain bike riding, however we need to consider the safety of the whole community.

Police encourage parents and caregivers to discuss safe and responsible riding.