



NEWSLETTER

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DIARY DATES : TERM 1, 2023

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1	30/1 Term 1 STARTS	31/1	1/2	2/2	3/2
Week 2	6/2	7/2	8/2	9/2	10/2
Week 3	13/2	14/2	15/2	16/2	17/2
Week 4	20/2	21/2 AGM	22/2	23/2	24/2
Week 5	27/2	28/2	1/3	2/3	3/3
Week 6	6/3	7/3	8/3	9/3	10/3
Week 7	13/3 Adelaide Cup	14/3	15/3	16/3	17/3
Week 8	20/3 Room 1 Excursion 	21/3 	22/3 CANTEEN CLOSED	23/3 CANTEEN CLOSED	24/3 CANTEEN CLOSED 
Week 9	27/3	28/3	29/3 Kyton's delivery 	30/3 Yr 5 & 6 - Aquatics 	31/3 Rm 1,2,3,4,11,12,19 Excursion 
Week 10	3/4	4/4	5/4	6/4	7/4 Good Friday 
Week 11	10/4 Easter Monday 	11/4	12/4	13/4 2.10pm dismissal SPORTS DAY!	14/4 Last day of Term 1 2.10pm dismissal 

School Returns Term 2 – Monday 1st May

HEALTHY...

WELL-THY

...AND WISE!

Our Behaviour Education Policy

Have you ever wondered what happens before and after the text message?

We value the importance of restoration when managing behaviour at school. When you receive that text message, you may ask what's happened, what is the Reflection Room, what happens in the Reflection Room or what does an Office Referral mean?

As a staff we have spent a lot of time in discussion and collaboration to create a consistency in our approach to Behaviour Education, in order to support student wellbeing and to educate students about the importance of restorative practices, both with other students and staff.

In order for all students to feel safe in the yard we manage behaviour in three ways...

The Blue Spot – this gives a student immediate time away from a situation to reflect, relax and reset, and have an informal conversation with the teacher about what they can do differently before they are sent on their way to play again.

Teacher Discussion – the teacher is able to hear student concerns, discuss the situation and come up with solutions and strategies to support more positive play choices and interactions.

Reflection Room (time in the library) – we use this option for more significant behaviours that require a deeper restorative conversation. A student will be given either a 15 or 30 minute time, at lunch, with a teacher in the library. Younger students are asked to draw what happened, how they, and other student(s) felt, and what could be done differently next time. The teacher scribes for the student as they have their conversation. Older students are asked to answer the following questions...

What happened?

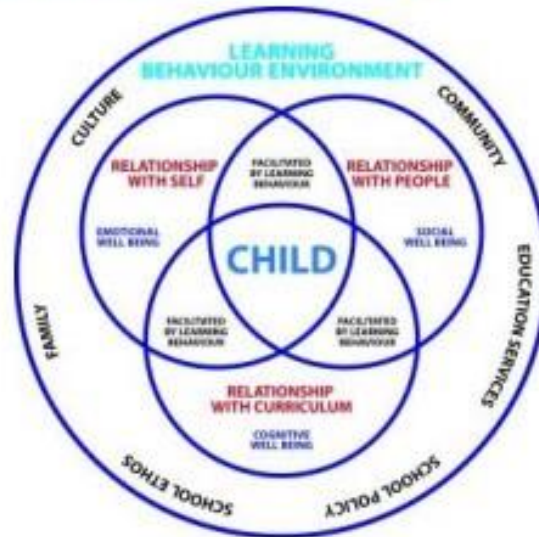
What were you thinking/feeling at the time? What have you thought about/felt since?

What could you do differently next time if something similar happens?

Who has been affected by your choices? In what way? What could you do to make things right?

Their responses are discussed in a caring way, giving the student an opportunity to vent their frustrations in that moment and provide support on ways to manage that in a more positive way. This process is done with Unconditional Positive Regard for every student, and something that we value for all students. After the matter has been discussed, we value the notion of 'clean slate' and 'tomorrow is a new day'.

Please note: When you receive the text message you will see the behaviour listed under one of five categories. These categories are in line with the Department for Education reporting for behaviour. We understand these may sound a little clinical, however this is why we encourage you to take the opportunity to discuss the behaviour with the classroom teacher and get the full detail.



Congratulations to Lexi from Ms Kemmery's class for receiving a Celebration of Values Notice. Thank you for being a positive member of our school community!

Ambassadors - GRIP

On Wednesday 15th March our school ambassadors, Mia, Jack and Ruby went to the GRIP Student Leadership conference in the city with Jennie-Marie.

This leadership conference is unique in that it concentrates specifically on training students for their role as school leaders. The style, topic and content of this conference all focuses on what students can do RIGHT NOW.

Our Ambassadors all agreed it was a very useful and engaging day. Ruby enjoyed a particular activity of challenging herself to say the alphabet backwards, Jack enjoyed a true or false activity and Mia just loved having the opportunity to participate in the day. It is really exciting that our Ambassadors have been able to bring back lots of ideas to support other students in their leadership roles at Sheidow Park school.



Our New Flag Poles

On Tuesday we celebrated the opening of our new Flag Poles. The journey to being able to make this achievement happen started last year in our 5/6 HASS class with Ms Gilbert. We were exploring the topics of history and citizenship, including the importance of flag bearing. We felt strongly about wanting to be able to display both the Australian Flag and the Aboriginal Flag but weren't able to because we only had one flag pole. The process involved support from Ms Miller, Ms Gilbert and parent Naomi Ford in applying for a grant from the Commonwealth Government's Saluting Their Service Commemorative grant program. Excitingly, the grant application was successful, and we now have three new flag poles to display the Australian, Aboriginal and South Australian Flags. We also wrote letters to local MP David Speirs, who kindly gifted us our South Australian Flag and came to the ceremony this week. We are proud to have made this happen for our school with support from our teachers and community. Many thanks to David Speirs for joining us this morning and also to our guest Gerry from the Marion RSL And Marion RSL Bowling Club. The Marion RSL also kindly provided a letter to support our application for flag pole funding.

Sarah

Year 5/6 Teacher Room 8



Classroom Learning – Room 5

STEM Learning

Push and Pull



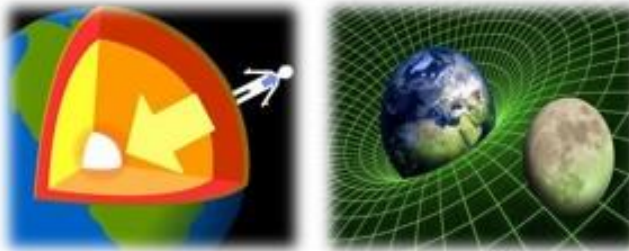
Room 5 have been undertaking STEM challenges and learning in the classroom. They have been learning about forces, 'push' and 'pull.'

What is a Force?

When we talk about 'force' in science, we mean the push or pull on an object. Whenever an object has been pushed or pulled, a force has acted upon the object. Even simple actions such as picking up garbage off the ground or throwing a ball requires force.



They have also been learning about **gravity**, what it is and why we need to understand it.



Students performing and investigating various forces within our world. Here are some pictures of the experiments that the students in **Room 5** have been doing.

Sink or Float

Student Comment: Levi-it was a very fun experience. Some of our experiments worked and some of them didn't but overall it was a very fun activity to do.



Simple Machines

Student Comment: Tahlia-I thought that it worked okay even though the mouse did not work but we had a lot of fun making the track and working together.



Force & Motion

Student Comment: Kobe-it went well and it was fun making different things.



Magnets

Student Comment: Matilda-it was really fun using different magnets to pull different objects.



Thankyou from Room 5

SAPSASA Info



Congratulations to **Matilda** who has been selected to represent Southern Valley in Girls Softball.

We wish Matilda all the best as they compete in the Sapsasa State Softball Carnival in Week 10 of this Term



Congratulations to **Oliver W, Andy N & Riley N** who have been selected to represent Southern Valley at the State Swimming Championships on Thursday 4th of May at the SA Aquatic & Leisure Centre.

We wish you all the best for competition day.

Environment Team

I would like to introduce to you the Environment Team for 2023:

Charlie C, Riley Na, Riley Ne, Anabel S, Mitchell S, Ruby C, Chloe T and Joshua S

The Environment team meet several times a term and this year we will be encouraging students and teachers to recycle paper, cardboard, pens, pencils and textas in their classrooms. We would also like to recycle batteries and bread tags so if you have any of these and would like to recycle them, please send them to school with your child and they can put them in the yellow recycling tubs in their classroom. We will also continue to promote Nude Food Tuesdays. Students who participate in Nude Food Tuesdays will be entered into our raffle. Each assembly we will draw some names and those students will win a prize! This is a great opportunity for students to focus on less rubbish going into landfill and we are encouraging students to help make their Nude Food lunches each week.

Thank you for your support, Garner Sensei and the Environment Team.



OSHC News



Vacation Care program is out!

Don't forget Vacation Care program is out and we are accepting bookings!

Our early bird booking price begins Tuesday 14th March through till Friday 24th March so don't forget to get in quick as some days book out fast! Don't forget a \$50 deposit is required per family to ensure your booking is confirmed!

Don't forget to notify us!

Just a friendly reminder to please let us know if your child is absent, on holidays, school sports, on excursion, school transition visit, camp, traffic duty or something else to avoid us having to search the school for them. As you can imagine it is a busy time during afternoon arrivals and affects ratios if educators are out having to look for children that will be arriving late or are not at school!

Just a friendly reminder.....

OSHC has a No cancellation policy, once booked and if you cancel, you will be charged for the session.

If your child is unwell and will not be attending a booked session, please advise us as soon as possible as this saves considerable time looking for them after school has finished.

We still have some outstanding fees from vacation care, prompt payment would be appreciated. Please don't hesitate to contact the service if you are having financial difficulty and we can organise a payment plan.

Casual bookings

Before School Care: Please advise staff before 7:00am prior to the session commencing.

After School Care: Please advise OSHC before 2:30pm and advise the school office.

Any walk in's will be charged a walk in fee of \$5.00 per child.

SHEIDOW PARK SCHOOL OSHC

Vacation Care | 17th April – 28th April 2023



WEEK 1 – WEEK 2

MONDAY 17 th April	TUESDAY 18 th April	WEDNESDAY 19 th April	THURSDAY 20 th April	FRIDAY 21 st April
SCHOOL BASED DAY	EXCURSION DAY	INCURSION DAY	EXCURSION DAY	SCHOOL BASED DAY
				
70'S/ DISCO FEVER DAY Join us in celebrating the 70's/ 80's disco fever era by playing musical games, enjoying the juke box and doing some disco themed crafts. Activities Musical games Juke box (hand for the week) Flower crowns Umbra *LUNCH PROVIDED * PARTY FOOD	URIMBIRRA WILDLIFE PARK Join us as we explore Urimbirra Wildlife Park. There are a variety of Australian Animals to feed, pet & interact with. Activities Loom bands Bus departure: 8:30am Arrival time back: 3:30pm	NATURE PLAY MOBILE JUNK YARD WORKSHOP Have fun in nature as you build cubbies and enjoy playing outside in our nature play workshop hosted by Mobile Junk & Nature Play. *LUNCH PROVIDED * HASHBROWNS, FRUIT & BREAD	INFLATABLE ZONE Have fun on the variety of inflatable bouncy castles and obstacles courses Inflatable Zone has to offer. Activities Hama beads Ice cube painting Bus departure: 10:00am Arrival time back: 1:00pm	PJ's, MOVIES, COOKING & CRAFT Come dressed in your most comfy PJ's and sit and relax with our movie, cooking and craft options. Activities Popcorn Art & craft *LUNCH PROVIDED * TUNA BAKE & GARLIC BREAD

MONDAY 24 th April	TUESDAY 25 th April	WEDNESDAY 26 th April	THURSDAY 27 th April	FRIDAY 28 th April
SCHOOL BASED DAY		EXCURSION DAY	EXCURSION DAY	INCURSION DAY
				
WHEELS DAY *Must bring your own helmet to be able to ride Bring your bike or scooter to OSHC and have fun on our outside track. Activities Painting Funny face cookies *LUNCH PROVIDED* PASTA BAKE & GARLIC BREAD	ANZAC DAY <i>Let's Not Forget</i> OSHC Closed!	WIZBANG FAMILY FUN CENTRE Have fun playing black light mini golf, laser tag, disco dancing and the jungle gym. Enjoy a nice lunch at Civic Park and a play on the playground. Bus departure: 8:30am Arrival time back: 3:30pm	SA BASE CAMP Explore what it's like to be a Ninja Warrior on the SA base camp course in Port Adelaide. Activities Large inside board games Bus departure: 9:00am Arrival time back: 3:00pm	NERF WARS Fun Time Party is bringing Nerf Wars to OSHC, where you will be battling it out. All Nerf equipment will be provided please don't bring your own. Activities Art & Craft *LUNCH PROVIDED* CHICKEN, RICE & BREAD

Contact Details
 Director: Vanessa Kelly
 Assistant Director: Brianna Adams

Sheidow Park School Sports Day!

Reminder the date is Thursday 13th April!
We will have a **2.10pm early finish** after all activities have been completed.

House Colours are:

Hardy – Yellow

Morphett – Purple

O'Halloran – Blue

Reynell – Red

Team Chants will be coming home soon for students to practice.

Jodie in the canteen will again be serving delicious food all day as well as a sausage sizzle for lunch.

Orders can be placed on QKR for students (Orders close 31st March) – Parents can purchase on the day

Our fundraising team have organised a coffee van to be on site most of the day.

We hope lots of you can join us for a fabulous event 😊



Sporting Schools Grant – Term 1 2023

AEROkids
Gymnastics in Schools

SHEIDOW PARK
SCHOOL



AEROkids is at Sheidow Park Primary School.

6 d · Adelaide, SA · 🌐

Back to our grassroots today as Coach Kylie introduced her old Primary School @sheidowparkschool to our AEROkids Launchpad Gymnastics in Schools program 🙌🏼👏

www.AEROkidsAustralia.com

#aerokids #sportingschools #grassroots #startheregoanywhere #gymnastics

Football in Schools is back at Sheidow Park School oval in Term 2

Starting Week 2, Term 2 on Monday afternoons for 8 sessions.

Please register your child online today if they are interested in learning soccer skills and having some fun.

Forms can be picked up from the front office

FOOTBALL IN SCHOOLS

FOOTBALL SOUTH AUSTRALIA

CLUEY

MINI ROOS


School: Sheidow Park Primary

Start Date: 8 May 2023

Finish Date: 3 July 2023

Time: 3.20PM - 4.20PM **Contact:** footballinschools@footballsa.com.au

JOIN TODAY!



SPORTS VOUCHERS

CLAIM your \$100

One voucher each calendar year for children aged 5 to 15 years old

I confirm my child has not already claimed a voucher in 2023

Child's information

First name: Family name:

Child date of birth: / / Gender: Male Female Gender diverse

Is this the first time your child has joined this sport / dance organisation? Yes No

Has your child been identified as living with a disability? Yes No

Is your child from a culturally and linguistically diverse background? Yes No

Is your child from an Aboriginal or Torres Strait Islander background? Yes No

Medicare information

Medicare number: Reference number:

OR Australian visa number:

Parent/Guardian information

First name: Family name:

Street address: Suburb:

Postcode: Contact number:

Email:

An email notification may be sent to the above email address (assuming it is correct) advising the authorisation of the voucher used for your child

To be presented at an approved Sports Voucher provider. To find your nearest provider or for more information please visit www.sportsvouchers.sa.gov.au. Not redeemable for cash, only a reduction to membership/registration fees. Redemption value not to exceed \$100.00. In presenting this voucher I give permission to the Sports Voucher provider to share my information with the Office for Recreation, Sport and Racing (ORSR). The ORSR may share de-identified information with third parties (eg other agencies of government, research institutions, etc) to improve the administration, outcomes or effectiveness of the Program.

CONTACT US
(08) 8340 3088

TO PAY ONLINE PLEASE VISIT
www.footballsa.com.au/footballinschools

Game On
enjoy south australia sporting

FOOTBALL SOUTH AUSTRALIA
sportsvouchers.sa.gov.au

KYTONS FUNDRAISER

Flyers were sent home on Friday 24th February.
If you need a copy please come to the front office.



Dear Parents

The Fundraising Committee are organising a Kytons Easter Drive. Please find attached form on which to collate your order. You can ask any known people if they would like to make and order including eg. Relatives, neighbours, work colleagues etc.

This year orders only on QKR.

Last day for orders is Tuesday 21st March 2023

Baking in South Australia since 1938, Kytons believes quality is at the heart of making life special. Founded as a family business, Kytons Bakery has been sold twice in its history but on each occasion to a family friend of the previous owner – keeping those ties close. Darren and Sharon Sutton took over in 2003.

Our pursuit of quality means we use the best ingredients, follow traditional recipes and take great care in our baking.

Orders will be delivered for collection on Wednesday 29th March.

Thankyou

Fundraising Committee.



Canteen Specials



CANTEEN SPORTS DAY 2023 SAUSAGE SIZZLE

Thursday 13th April



\$2.50

Self-serve sauces available when collected. GF/Veg/Vegetarian and bread available

Extensive range of mini pizzas, hash browns, team coloured donuts, tea/coffee, cakes, chips and ice-cream available on the day.

QKR ONLINE ORDERING ONLY

CLOSE FRIDAY 31st MARCH 3pm

Student orders only – due to the chance of inclement weather. Sausage sizzle will be available to parents on the day.

NORMAL LUNCH ORDERS CLOSED ON THIS DAY



J:\Common\Canteen\2023 sportandeanster day.docx

CANTEEN EASTER LUNCH SPECIAL

THURSDAY 6TH APRIL 2023

ORDERS CLOSE FRIDAY 31ST MARCH 3pm.

No other orders available on the day

QKR orders only \$8.00

Option 1

Fish Burger or
Chicken Burger
Hash Brown
Fruit Juice

Option 2

5 Dino nuggets or
5 fish fingers
Hash Brown
Fruit Juice



GF/Veg/Vegetarian option available

Please note the Canteen will be
closed all of **Week 8**



Easter Raffle

Donations gratefully accepted

*help create our winning prizes.
chocolates, eggs, lollies
& easter craft*

3 top ticket
sellers WIN a
special prize!

A wonderful range of
Easter hampers to win



Tickets

\$1.00 each

(1 book of 10 per child)

extra books available
from front office

Friday 31st
March

All donations & ticket
books returned to
front office

Tuesday 4th
April

Winners announced



SPORTS
DAY
ESSENTIALS

SCHOOL
YEARS
PHOTO FRAMES



www.sportsdayessentials.com.au www.schoolyearsphotoframes.com.au

We are pleased to partner with Sheidow Park School,
every purchase made earns \$ back to the school, and
you pay no shipping cost!

Use code SPS23 when you order online.

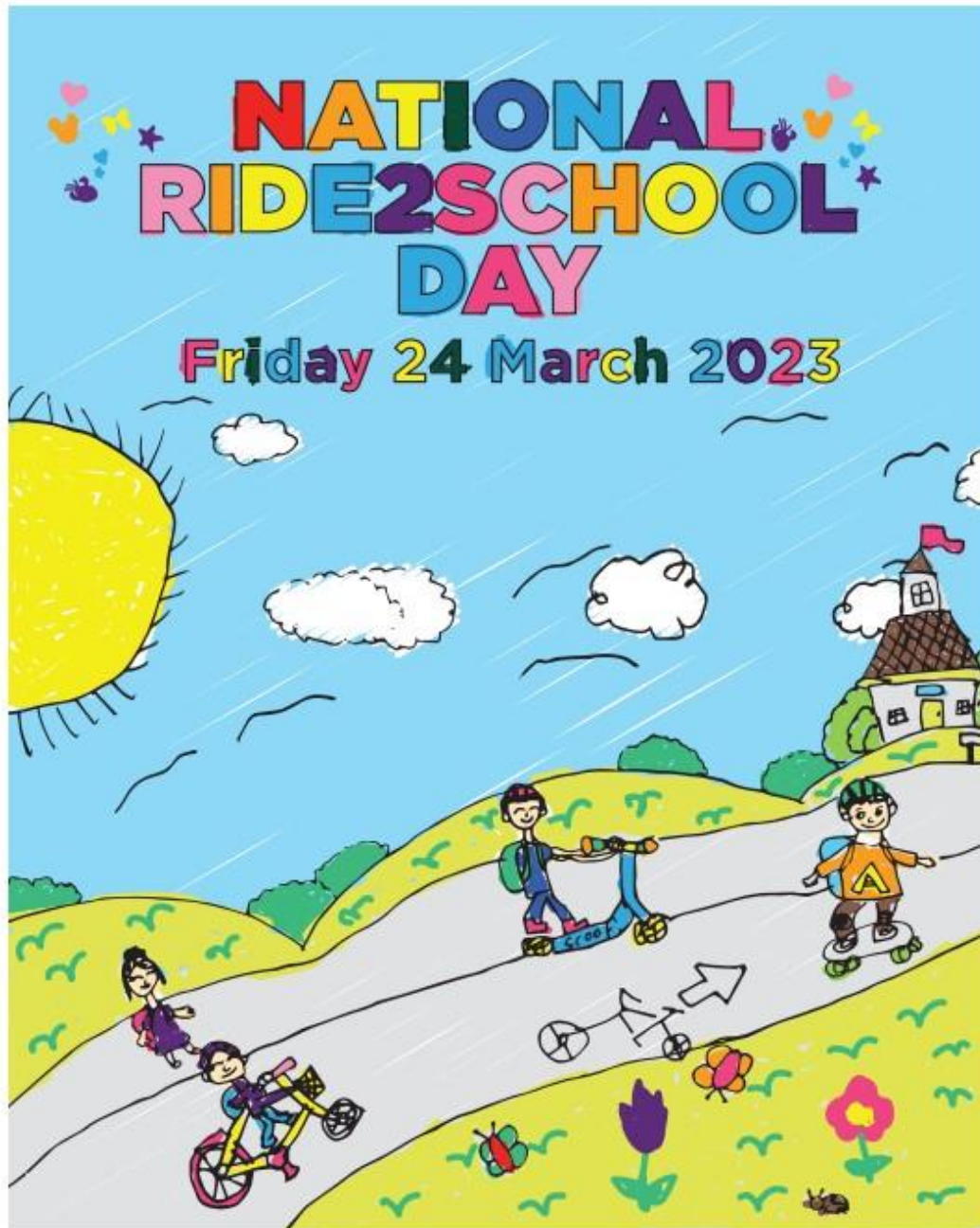
ORDER DATES 13 - 27/3/23

National Ride2school Day

In 3 weeks Sheidow Park School is participating in National Ride 2 School Day on Friday 24th March (Week 8).

We encourage all students to ride, walk, scoot from home to school or at least travel to school part of the way in an active way!

Thanks Miss Sara and your House Captains



ride2school.com.au

Forest Installation

IT'S NEVER TOO LATE!!
to get your leaf or picket on our beautiful
Forest Art Installation



Order forms are available from the
front office
or can be found under 'Documents'
in the Team App
Orders will go in at the end of Term 1
Orders close for Term 1
4th April 2022

Community News



HALLETT COVE SCHOOL OPEN NIGHT

5:00pm - 7:00pm

WEDNESDAY
29 MARCH

Meet the
Principal and
take a self-
guided or
guided tour of
the school



info@hcs.sa.edu.au



2024 Specialist Netball Program

Applications are
NOW OPEN!

Join our specialist program at Willunga High School for the opportunity to develop your netball skills at high school.

Registration of Interest closes:
Friday 12 May 2023





2024 High Intellectual Potential Pathway

Applications are
NOW OPEN!

Join the Willunga High School specialist program (HIPP) designed specifically for students with high intellectual potential.

Registration of Interest closes:
Thursday 11 May 2023



Big Rehearsals – Adelaide Symphony Orchestra



The application 2023 is open now till 08/2023

Below is the link, so you can learn more about this ASO program for young learners at all levels.

[Big Rehearsals - Adelaide Symphony Orchestra \(aso.com.au\)](https://www.aso.com.au)

<https://www.aso.com.au/learning/play-with-the-aso/big-rehearsals/>