



# NEWSLETTER

**PRINCIPAL:** Jennie-Marie Gorman  
 21-43 Adams Road, SHEIDOW PARK SA 5158  
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## DIARY DATES : TERM 1, 2023

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Week 1</b>	30/1 Term 1 STARTS	31/1	1/2	2/2	3/2
<b>Week 2</b>	6/2	7/2	8/2	9/2	10/2
<b>Week 3</b>	13/2	14/2	15/2	16/2	17/2
<b>Week 4</b>	20/2	21/2 AGM	22/2	23/2	24/2
<b>Week 5</b>	27/2	28/2	1/3	2/3	3/3
<b>Week 6</b>	6/3	7/3	8/3	9/3	10/3 Pupil Free Day
<b>Week 7</b>	13/3 Adelaide Cup PUBLIC HOLIDAY	14/3	15/3	16/3	17/3
<b>Week 8</b>	20/3 Room 1 Excursion ADELAIDE ZOO	21/3 Governing Council	22/3	23/3	24/3 NATIONAL RIDE2SCHOOL DAY Friday 24 March 2023
<b>Week 9</b>	27/3	28/3	29/3 Kyton's delivery	30/3 Yr 5 & 6 - Aquatics	31/3 Rm 1,2,3,4,11,12,19 Excursion
<b>Week 10</b>	3/4	4/4	5/4	6/4	7/4 Good Friday GOOD FRIDAY
<b>Week 11</b>	10/4 Easter Monday Easter MONDAY	11/4	12/4	13/4 SPORTS DAY!	14/4 Last day of Term 1 2.10pm dismissal End of Term (early finish)

**School Returns Term 2 – Monday 1<sup>st</sup> May**



## Annual General Meeting

Thank you to everyone who attended our  
AGM on 21 February.

There was a good turn out.

**Congratulations to our governing council members for 2023.**



## Governing Council

Naomi Ford (Chairperson)

Lisa Nelson (Deputy Chairperson)

Narrah Zollo (Secretary)

Donna Smith (Treasurer)

Jo McGuire

Kristi-Lee Kalendra

Fleur Samuel

Scott Carslake

Jodie Ginn

Julie Cudbertson

Also thank you to those people who have joined our Fundraising,  
OSHC, Canteen and Finance Committees.

## Classroom Learning – Class 5

"The Indian Main Lesson in Class 5 is set around stories from Ancient India.

Students learn about the transition from earlier cultures and look at the stories of the gods: Brahma, Vishnu, and Shiva, and heroes like: Manu, Arjuna, Krishna, Rama and Sita, and Prince Siddhartha, the first Buddha. This gives examples of major changes in human consciousness and these legends bring a powerful picture of the struggling human being who is able to choose between good and evil.

The experience of self grows, and students receive an overview of world literature about Ancient Times.

Students engage in these stories through listening, retelling, drawing, painting, and writing.

While writing they are also strengthening and extending their use of the English language in its many different forms and uses."



## **2023 Enrolment form**

Please ensure you have completed a 2023 enrolment form to assist us with bookings either now or during the year ☺

## **Term 1 Bookings**

Please let us know ASAP if you require bookings during the term, either permanent or casual to assist us with staffing.

If you require care for your child especially on a **Tuesday afternoon (early finish)** please notify us ASAP as we book out with 50 children almost every week, so the later booking time, the less chance you have of securing a spot. Once we reach capacity we are unable to accept any more children, due to licensing and staffing. Parents will be advised and children will be sent to the front office and need to be collected from there.

## **Pupil Free Day**

There is a pupil free day coming up-NEXT WEEK!!! Week 6 Friday March 10<sup>th</sup>. We will be open to provide care for those families requiring it, please book in ASAP to assist with staffing. The theme is 'be active' with lots of fun filled physical challenges and games to play.

## **Medical forms**

Please remember if your child requires medication or a puffer at OSHC you are required to provide **up to date medical plans from a GP as well as the medication. It is a legal requirement whilst they attend our service.** If these elements are not provided, the children will be unable to attend the service.

Please speak to Vanessa if you are unsure if your child's dates (plans or medication) have expired.

## **Don't forget to notify us!**

Just a friendly reminder to please let us know if your child is absent, on holidays, school sports, on excursion, school transition visit, camp, traffic duty or something else to avoid us having to search the school for them. As you can imagine it is a busy time during afternoon arrivals and affects ratios if educators are out having to look for children that will be arriving late or are not at school!

## **Vacation Care program**

The Vacation Care program will be released Tuesday (after the public holiday) on week 7 (14<sup>th</sup> March) this **will be available to Sheidow Park Families ONLY for the first week of Early Bird pricing.** After this time families from other schools will be able to book their children in. So get in quick because we are becoming very busy and the excursions book out quickly!

## **Just a friendly reminder.....**

OSHC has a No cancellation policy, once booked and if you cancel, you will be charged for the session.

If your child is unwell and will not be attending a booked session, please advise us as soon as possible as this saves considerable time looking for them after school has finished.

We still have some outstanding fees from vacation care, prompt payment would be appreciated. Please don't hesitate to contact the service if you are having financial difficulty and we can organise a payment plan.

## **Casual bookings**

Before School Care: Please advise staff before 7:00am prior to the session commencing.

After School Care: Please advise OSHC before 2:30pm and advise the school office.

Any walk in's will be charged a walk in fee of \$5.00 per child.





We'd like to officially welcome **Sheidow Park Primary** to Chess Mates!

Here's all the info you'll need on joining our [Chess Mates School Program](#). This will be an incredible Term by Term experience that kids will love!

### Here are the confirmed class details:

- School facility: Library
  - Day: Tuesday
  - Time: After School (2.20pm-3pm)
- Start Classes: 14/3/23
- # Classes for Term: 5
- Cost per student, per class: \$10 (Total = \$50)
- Minimum students required: 7



## Sheidow Park Primary School

**TUESDAY**

**2:20 - 3:00**  
**The Library**

#### Weekly classes will help improve:

- Creativity
- Memory
- Concentration
- Planning Skills
- Independent Decision Making
- General Aptitude for Learning
- Problem Solving
- Teamwork



Learning chess has been shown to improve overall performance at school by nearly 20% compared with children who have not

To book online, scan or go to [chessmates.com.au/schools](https://chessmates.com.au/schools)

**INFO@CHESSMATES.COM.AU**  
**1300 CHESS MATES**

# KYTONS FUNDRAISER

Flyers were sent home on Friday 24<sup>th</sup> February.  
If you need a copy please come to the front office.



Dear Parents

The Fundraising Committee are organising a Kyttons Easter Drive. Please find attached form on which to collate your order. You can ask any known people if they would like to make and order including eg. Relatives, neighbours, work colleagues etc.

***This year orders only on QKR.***

**Last day for orders is Tuesday 21<sup>st</sup> March 2023**

*Baking in South Australia since 1938, Kyttons believes quality is at the heart of making life special. Founded as a family business, Kyttons Bakery has been sold twice in its history but on each occasion to a family friend of the previous owner – keeping those ties close. Darren and Sharon Sutton took over in 2003.*

*Our pursuit of quality means we use the best ingredients, follow traditional recipes and take great care in our baking.*

**Orders will be delivered for collection on Wednesday 29<sup>th</sup> March.**

Thankyou

Fundraising Committee.



# Canteen Specials



## CANTEEN SPORTS DAY 2023 SAUSAGE SIZZLE

Thursday 13<sup>th</sup> April



\$2.50

Self-serve sauces available when collected. GF/Veg/Vegetarian and bread available

Extensive range of mini pizzas, hash browns, team coloured donuts, tea/coffee, cakes, chips and ice-cream available on the day.

**QKR ONLINE ORDERING ONLY**

**CLOSE FRIDAY 31<sup>st</sup> MARCH 3pm**

**Student orders only** – due to the chance of inclement weather. Sausage sizzle will be available to parents on the day.

**NORMAL LUNCH ORDERS CLOSED ON THIS DAY**



J:\Common\Canteen\2023 sportandeanster day.docx

## CANTEEN EASTER LUNCH SPECIAL

THURSDAY 6<sup>TH</sup> APRIL 2023

ORDERS CLOSE FRIDAY 31<sup>ST</sup> MARCH 3pm.

No other orders available on the day

**QKR orders only \$8.00**

### Option 1

Fish Burger or  
Chicken Burger  
Hash Brown  
Fruit Juice

### Option 2

5 Dino nuggets or  
5 fish fingers  
Hash Brown  
Fruit Juice



**GF/Veg/Vegetarian option available**

Please note the Canteen will be  
closed all of **Week 8** -

Subway special will be available for one day - details out  
next week



## Sporting Schools - Hockey

Sheidow Park School would like to say a huge thanks to Jamie from Seacliff Hockey Club for coming in to introduce most of our Year 1 – 4 students to field hockey on Tuesday and Wednesday in Week 4. The students loved the sessions where they learnt some rules about hockey and also learnt how to dribble and stop the ball with their hockey sticks.

Please see below for some information if your child/children are interested in learning more about hockey.

There are also some photos from Tuesday's sessions with Rm 5, 9 and 10





Seacliff Hockey Club is once again hosting a **Hook in2 Hockey Program** at our club during **Term 1. Starting Feb 6th**, we will be having fun on the pitch every **Monday Night from 5pm to 6pm**. *\*Excludes Public holidays.*

**First 2 sessions are FREE!** A great opportunity to play hockey at our brilliant facility. Meeting new people, learning skills and having fun is what this program is all about. We hope to see you there!

**To REGISTER**, please add parent details to Rev sport, then register your child.

Follow the link here to find Seacliff HC's

Program: <https://www.revolutionise.com.au/seacliffhcsa/events/171796/>

**\$121 for New hockey members + Equipment pack!!** This is outstanding value for a stick, bag, shinpads, mouth guard, training singlet and H2H Term 1 registration + a year's worth of Hockey SA & Australia insurance.

**\$66 for New hockey members** This includes H2H Term 1 registration + a year's worth of Hockey SA & Australia insurance.

**\$30 for Existing members** as your insurance is still covered from 2022.

Any questions regarding registration please contact me, Todd Kitto at [development@shc.org.au](mailto:development@shc.org.au)

See you on the pitch!  
**Todd Kitto**

Seacliff Hockey Club  
Director of Participation & Development

Lipson Ave, Seacliff SA 5049  
[development@shc.org.au](mailto:development@shc.org.au)



# Hook in2 Hockey

**Ages 4-12**

**5pm to 6pm Mondays  
Term 1, Starting Feb 6th**

**\*Excludes Public Holidays**

**Lipson Avenue Seacliff**

**Contact [development@shc.org.au](mailto:development@shc.org.au)**

**HOOKIN2HOCKEY**

Register to play at [www.hookin2hockey.com.au](http://www.hookin2hockey.com.au)

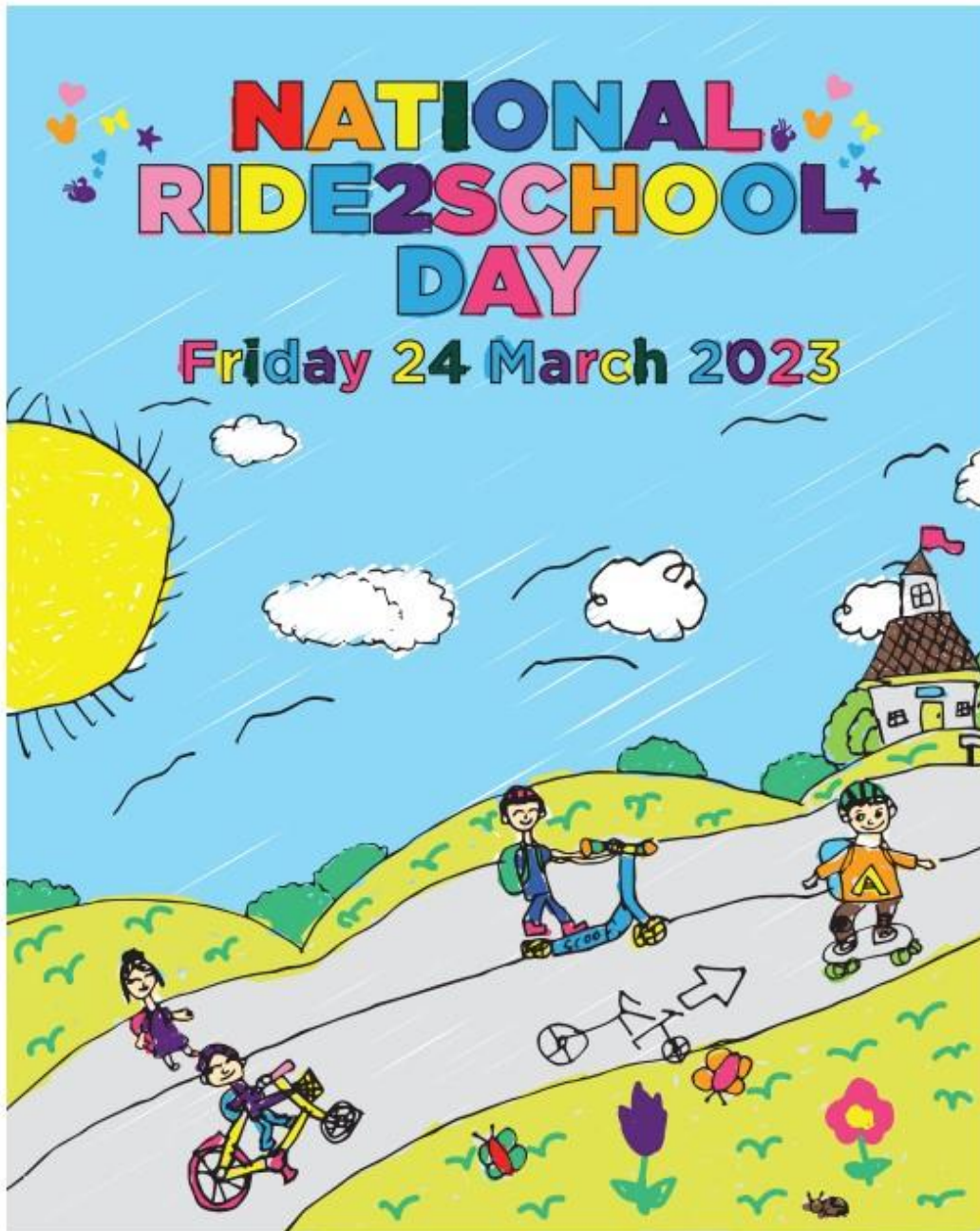


# National Ride2school Day

In 3 weeks Sheidow Park School is participating in National Ride 2 School Day on Friday 24<sup>th</sup> March (Week 8).

We encourage all students to ride, walk, scoot from home to school or at least travel to school part of the way in an active way!

Thanks Miss Sara and your House Captains



[ride2school.com.au](http://ride2school.com.au)

## Forest Installation

**IT'S NEVER TOO LATE!!**  
to get your leaf or picket on our beautiful  
**Forest Art Installation**



**Order forms are available from the  
front office  
or can be found under 'Documents'  
in the Team App  
Orders will go in at the end of Term 1**



# SAPSASA Info



## AFL Football (Girls) Sapsasa State Carnival

### Activity Information Sheet

2023 Southern Valley Girls' AFL Football Trials	
Dates	Monday 20 <sup>th</sup> March, Monday 27 <sup>th</sup> March & Monday 3 <sup>rd</sup> April
Time	4:45 – 5:30pm
Location	Hallett Cove School, 2/32 Gledsdale Rd, Hallett Cove
Team Manager/Coach	Ellie Roberts – 0402 606 728

Trials are open to students in year 5 and 6 who wish to be considered for selection in the Sapsasa district team to compete in the Girls' Football Sapsasa State Carnival. Trials are run in a safe and supportive learning environment to select a district team to compete at the Football State Sapsasa Carnival.

Students will be involved in drills and competitive scenarios to select a team based on the following criteria:

- Ability and game sense in the sport
- Coachability (Effort, Teamwork, positive attitude, listening and responding to feedback)

**Transport:** Parents/Caregivers are responsible for organising transport to and from the trials.

**Requirements:** Students must wear appropriate school sports top and footwear, bring sunscreen, sufficient food and drink along with any sport specific equipment (if they have it).

**Supervision:** Students will be under the supervision of the teacher team official and other identified responsible persons (with appropriate WWCC) to ensure supervision ratios are met.

**Contingency plans:** If unforeseen circumstances mean the trials are unable to go ahead, families and schools will be notified as soon as possible. Trials will either be rescheduled if time permits, or an alternate venue will be organised.

AFL Football State Sapsasa Carnival Details	
Dates	Wednesday 17 <sup>th</sup> , Thursday 18 <sup>th</sup> & Friday 19 <sup>th</sup> May 2023
Time	8:30am – 3:30pm (approx.)
Cost	\$90 & \$80 for School Card
Location	Barratt Reserve, West Beach
Transport & accommodation	Players selected in the final teams for the State Carnival are required to arrange private travel and accommodation with family, friends, other team members.

#### How to Nominate...

- Parents/Caregivers must nominate their child online by no later than **Monday 13<sup>th</sup> March**
- Students who have not nominated online before the trials will not be eligible to attend trials.
- To nominate, please complete the online form by, which can be accessed at: <https://forms.office.com/r/1AAjh2qaEx>
- Or via the QR code here
- If you require support in completing the form please contact your school Sapsasa rep.
- Once you have submitted the form you will receive a confirmation email.
- The school will receive a confirmation email that you are nominating your child for Football and it will be retained by the school as a record of their involvement.
- Please note the school has the right to not approve a child's involvement in the carnival based on behaviour, attendance and other grounds as determined by the school.
- If you do not receive a confirmation email within 24 hours of completing the form, contact the convenor.



QR code to access Online Nomination Form

#### Further information

Once a team has been selected, further details regarding the carnival and trainings will be provided. For more information, please ask your school Sapsasa representative or contact the convenor.

Name: Jonathan Grant  
Mobile: 0402 435 855  
Email: [Jonathan.grant806@schools.sa.edu.au](mailto:Jonathan.grant806@schools.sa.edu.au)

## STATE TEAM NOMINATIONS OPEN

Nominations are now open for:

- Australian football 12 years and under girls
- Basketball 12 years and under boys & girls
- Football (soccer) 16 years and under boys
- Hockey 16 years and under boys & girls
- Softball 12 years and under boys

Check age eligibility before nominating. Due dates and trial details are on the website.

Other teams will have their selection information updated as soon as possible.

<https://www.education.sa.gov.au/.../school.../choose-sport>

[SANFL Basketball](#) [South Australia Football](#) [South Australia Hockey](#) [SA Softball SA](#)

<https://www.facebook.com/groups/1036054329798050/>



## AFL Football (Boys) Sapsasa State Carnival

### Activity Information Sheet

2023 Southern Valley Boys' AFL Football Trials	
Dates	Monday 20 <sup>th</sup> March, Monday 27 <sup>th</sup> March & Monday 3 <sup>rd</sup> April
Time	4:00 – 4:45pm
Location	Hallett Cove School, 2/32 Gledsdale Rd, Hallett Cove
Team Manager/Coach	Chris Wade – 0468 837 005

Trials are open to students in year 5 and 6 who wish to be considered for selection in the Sapsasa district team to compete in the Boys' Football Sapsasa State Carnival. Trials are run in a safe and supportive learning environment to select a district team to compete at the Football State Sapsasa Carnival.

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Name: Jonathan Grant  
Mobile: 0402 435 855  
Email: [Jonathan.grant806@schools.sa.edu.au](mailto:Jonathan.grant806@schools.sa.edu.au)

**NOMINATIONS OPEN FOR**

AUSTRALIAN FOOTBALL 12 YEARS AND UNDER GIRLS  
DUE FRIDAY 14 APRIL

BASKETBALL 12 YEARS AND UNDER BOYS & GIRLS  
DUE WEDNESDAY 15 MARCH

FOOTBALL (SOCCER) 16 YEARS AND UNDER BOYS  
DUE WEDNESDAY 24 MAY

HOCKEY 16 YEARS AND UNDER BOYS & GIRLS  
DUE WEDNESDAY 15 MARCH

SOFTBALL 12 YEARS AND UNDER BOYS  
DUE MONDAY 3 APRIL

## Community News

# Seaview High School OPEN NIGHT

Wednesday 22 March 2023

5.00pm - 7.30pm

Principal's Address 5.45pm & 6.45pm

Enquiries and bookings to 8377 8000  
or [dl.0893.info@schools.sa.edu.au](mailto:dl.0893.info@schools.sa.edu.au)



**SEAVIEW**  
HIGH SCHOOL



Government of South Australia  
Department for Education





# TROTT PARK Dance School

Starting Thursdays from March 9

## CALLING ALL THE LITTLE GROOVERS!

Come and join these classes for an introduction to Jazz and Hip-Hop styles of dance. A casual fun class that will allow your kids to learn the moves to in a safe, non-competitive space. These classes teach kids rhythm, coordination, dance moves in a confidence building environment.

**TROTT PARK NEIGHBOURHOOD CENTRE**  
**34 HESSING CRESCENT**

### 2 CLASSES:

5-8 years: Thursdays 4:00pm-4:45pm  
9-12 years : Thursdays 5:00pm- 6:00pm

### BOOKINGS:

Scan the QR Code or call us on 8387 2074



SCAN ME

Willunga Waldorf School

AUTUMN  
FAIR

Saturday, 1st April 2023  
10am - 4pm

live music fun activities craft stalls  
coffee & cake local produce good food

1 Jay drive  
parentsandfriends@wws.sa.edu.au