



NEWSLETTER

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DIARY DATES : TERM 1, 2023

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1	30/1 Term 1 STARTS	31/1	1/2	2/2	3/2
Week 2	6/2	7/2	8/2	9/2	10/2
Week 3	13/2	14/2	15/2	16/2	17/2
Week 4	20/2	21/2 	22/2	23/2	24/2
Week 5	27/2	28/2	1/3	2/3	3/3
Week 6	6/3	7/3	8/3	9/3	10/3 
Week 7	13/3 Adelaide Cup 	14/3	15/3	16/3	17/3
Week 8	20/3	21/3  Governing Council	22/3	23/3	24/3
Week 9	27/3	28/3	29/3	30/3 Yr 5 & 6 - Aquatics 	31/3
Week 10	3/4	4/4	5/4	6/4	7/4 Good Friday 
Week 11	10/4 Easter Monday 	11/4	12/4	13/4 SPORTS DAY!	14/4 Last day of Term 1 2.10pm dismissal 

School Returns Term 2 – Monday 1st May

LEADERSHIP LENS™

A focus on whole school topics and initiatives

HEALTHY...

WELL-THY

...AND WISE!

Sensory Tools vs Toys!

We all know that children love bringing their toys to school to show and share and sometimes these can be of great comfort to them. However they can also be highly distracting and impact on learning.

We want parents and students to be aware of the difference between sensory **TOOLS** and sensory **TOYS**.

At Sheidow we have sensory-informed classrooms that support the various sensory needs of individual students in the classroom. Not all students learn the same, nor do they have the same sensory needs. When you include sensory supports or tools in a classroom, they will be used differently by kids depending on *what* their bodies need, *when* they need input, and *how* they choose to use the tools

Sensory tools are intended to promote regulation, improve focus, and increase engagement and participation, therefore enabling your child to be available for all learning opportunities.

The goal of sensory tools in school is to support participation, engagement, and interactions that promote skill development and learning. Whether your child is working to develop social skills with peers, behavioral and emotional regulation, improve attention/focus, develop organization skills, or manage classroom behaviors, sensory tools can regulate a child's arousal level in order to get at these higher-level skills needed for classroom success!

Toys on the other hand, can be distracting to the child who has it and also those around them. They can be detrimental to learning and decrease engagement and participation. It is important to remember that whatever tool you are choosing, that it supports your child to remain focused and engaged at school.

By creating sensory-informed classrooms, teachers are setting the tone or culture of the classroom to be one of inclusion, acceptance, and differentiation, no matter what the students' needs are!

If you believe your child needs to utilise sensory tools within the school day, please discuss this with their classroom teacher. This will enable them to understand and support the individual needs of your child in regard to the use of sensory tools, and also will allow the classroom teacher to pass this information on to specialist teachers.

Classroom Learning – Class 6

Class 6 have begun our Main Lesson block by learning about Ancient Rome and the Roman Empire.

We have heard stories, written stories and learnt facts and have drawn some beautiful drawings representing Rome.

During Geometry we used compasses to draw the Vesica Piscis, which is a mathematical shape formed by the intersection of two circles with the same radius.

The students created some beautiful examples of this.

We have been creating a math textbook and are filling it with concepts we need to be successful in numeracy.

We have been participating in our daily math challenges.

We have started reading Bridge to Terabithia, a whole class novel which we are reading at home and then studying in class.

The teacher has been reading the Silver Sword to the class.

We have started using laptops for accelerated reading which we are enjoying.



Volunteers Wanted



We welcome volunteers!

If you would like to help in the classroom, canteen, around the school please let Jodie know in the front office for more details – 8381 8911 or dl.1537.info@schools.sa.edu.au

Updating Parent Information



If you have changed any of your details:
eg address, mobiles number, work numbers etc please
inform the front office via email

dl.1537.info@schools.sa.edu.au

Annual General Meeting

2023 Tuesday 21st February School Hall, 6.30pm

Dear Parents, Carers and Governing Council members

You are invited to attend our upcoming Annual General Meeting. The AGM is an opportunity to meet the Principal and other staff, and to hear about our achievements from the past year and vision for 2023.

We welcome nominations for membership of the 2023 Governing Council. Please email or see Jodie in the office for a nomination form. FORMS TO BE RETURNED BY MONDAY 20 FEBRUARY

PLEASE. Being on Governing Council is a great way to get to know other parents and carers and stay informed about the school's activities. As representatives of the broader school community, Governing Council members support and contribute to the direction and vision of the school. Elected members are also requested to join one of the following committees: fundraising, finance, OSHC, canteen.

There are 5 vacant positions on Council. Nominees will be elected on the night for a two-year term. Governing Council meetings are held at the school twice a term, generally on Tuesday evenings in weeks 3 and 8, starting at 6pm. Our meetings are informal and no experience is required - just be you!

The first Governing Council meeting will be held immediately after the AGM. Elections for the following office bearers will be called for at this meeting:

- ◆ Chairperson Deputy
- ◆ Chairperson Treasurer
- ◆ Secretary

The Chairperson, Treasurer and Secretary meet twice a term with the Principal to set the agenda for upcoming Governing Council meetings. An overview of these roles, as well as our school committees, is provided on the next page.

Any parent or carer can join a committee without having to be a Governing Council member. Please consider joining!

We look forward to seeing you at the AGM. If you would like to nominate for Governing Council and/or a committee but can't attend the AGM, don't worry, we will still put your nomination forward.

Office Bearer Positions

Chairperson

- ◆ Chairs the meeting to ensure it runs smoothly
- ◆ Works with the Principal, Secretary and Treasurer to set the agenda Acts as
- ◆ spokesperson for the council (on council related matters)

Deputy Chairperson

- ◆ Steps into the chairperson role when the chairperson is not available

Treasurer

- ◆ Chairs the finance committee
- ◆ Presents finance and budget reports to council
- ◆ Works with the Principal, Secretary and Chairperson to set the agenda

Secretary

- ◆ Works with the Principal, Secretary and Chairperson to set the agenda
- ◆ Prepares and distributes the agenda and meeting papers Takes and
- ◆ distributes meeting minutes

Committees

Finance Advisory Committee

Membership of the committee includes the Principal, school Finance Officer, Governing Council Treasurer and parent volunteers. They generally meet twice a term.

At every meeting, members of the finance advisory committee: analyse

- ◆ the progress of the budget
- ◆ prepare a report of any anomalies for the council.

Fundraising Committee

Membership of the committee includes the Deputy Principal, representative(s) from Governing Council and parent volunteers. They generally meet at least once per term or as required and support fundraising events on the day.

Fundraising committee hold wonderful events for students, including the school disco and colour run, mother's and father's day stalls and other fundraising initiatives including cookie dough fundraising, Easter raffle, cake stalls and BBQs.

Canteen Committee

Membership of the committee includes the Principal, Canteen Manager, Governing Council representative(s) and parent volunteers. The committee generally meets twice per term and support the canteen manager in the planning and operations of the canteen.

OSHC Advisory Committee

Membership of the committee includes the Principal, OSHC Director, Governing Council representative(s) and parent volunteers. The committee meets twice each term to support the director in the planning and operations of OSHC.

OSHC News



We hope everyone has settled into the school year and are enjoying this summer weather!

2023 Enrolment form

Please ensure you have completed a 2023 enrolment form to assist us with bookings either now or during the year ☺

Term 1 Bookings

Please let us know ASAP if you require bookings during the term, either permanent or casual to assist us with staffing ☺

Pupil Free Day

There is a pupil free day coming up- (Week 6) Friday March 10th. We will be open to provide care for those families requiring it, please book in ASAP to assist with staffing. More details to follow closer to the day.

Medical forms

Please remember if your child requires medication or a puffer at OSHC you are required to provide up to date medical plans from a GP as well as the medication. It is a legal requirement whilst they attend our service. Please speak to Vanessa if you are unsure if your child's dates (plans or medication) have expired.

Don't forget to notify us!

Just a friendly reminder to please let us know if your child is absent, on holidays, school sports, on excursion, school transition visit, camp, traffic duty or something else to avoid us having to search the school for them. As you can imagine it is a busy time during afternoon arrivals and affects ratios if educators are out having to look for children that will be arriving late or are not at school!

Just a friendly reminder.....

OSHC has a No cancellation policy, once booked and if you cancel, you will be charged for the session. If your child is unwell and will not be attending a booked session, please advise us as soon as possible as this saves considerable time looking for them after school has finished.

We still have some outstanding fees from vacation care, prompt payment would be appreciated. Please don't hesitate to contact the service if you are having financial difficulty and we can organise a payment plan.

Casual bookings

Before School Care: Please advise staff before 7:00am prior to the session commencing.

After School Care: Please advise OSHC before 2:30pm and advise the school office.

Any walk in's will be charged a walk in fee of \$5.00 per child.

Forest Installation

IT'S NEVER TOO LATE!!
to get your leaf or picket on our beautiful
Forest Art Installation



**Order forms are available from the
front office
or can be found under 'Documents'
in the Team App
Orders will go in at the end of Term 1**

SAPSASA Info



SOUTHERN VALLEY SAPSASA Facebook Page



Your child attends a school that is a part of the SOUTHERN VALLEY SAPSASA District. School Sport SA provides students with opportunities to compete in their chosen sport by representing their school, their District or their State.

Students who are in years 5 and 6 have opportunities to compete in all common sports. There are also opportunities for all students born in 2013 and older to compete in Swimming, Cross Country and Athletics events.

All information for the District is distributed to students through your school Sapsasa representative and will also be posted on our Facebook Page (Southern Valley SAPSASA DISTRICT) If you would like to keep up to date with all Southern Valley Sapsasa information, please click on "JOIN GROUP".

Jonathan Grant
Southern Valley District Convenor
jonathan.grant806@schools.sa.edu.au



Community News

#Sea to Source National Day of Action



JOIN US! MAKING OUR OCEANS CLEAN & GREEN

After the beach clean there will be stalls and activities, refreshments and give-aways until 2pm.

Please bring along your refillable water bottles.

Saturday 18 February 2023

10am - 2pm

@ Heron Way Reserve, Hallett Cove

Bookings preferred:



GREAT
SOUTHERN
REEF



Conservation
Volunteers
Australia



2024 APPLICATIONS NOW OPEN

In Zone and Out Of Zone

HIGH PERFORMANCE TENNIS

For more information and to apply please call
8377 8000 or visit www.seaviewhs.sa.edu.au



Government of South Australia
Department for Education



Government of South Australia
Department for Education

2024 APPLICATIONS NOW OPEN

In Zone and Out Of Zone

SPECIAL INTEREST DANCE

Auditions will be held in Week 10.
For more information and to apply please call
8377 8000 or visit www.seaviewhs.sa.edu.au





innovation. opportunity. success.



Open Night

Wednesday 15 March 2023

5.30pm - 7.30pm

Join us to experience our extensive curriculum opportunities,
meet our Leadership team and view student displays & demonstrations

Bookings essential via our website
www.whs.sa.edu.au



DO YOU WANNA LEARN GUITAR
AT SHEIDOW PARK PS DURING SCHOOL?

We provide the guitars, amps and all
materials!

Learn the songs YOU want to learn
Learn how to read sheet music and tabs

Experienced, young teachers who have
travelled Australia in rock and metal bands

1/2 hour lessons are \$12 and \$25 for individual.
The front office will have a form to fill in and
the week after we can start.
Any Questions please call Nick
0423 167 338



Hight Avenue, Hove



2023

"SUMMER LAX"

**WANT TO LEARN TO PLAY LACROSSE?
JOIN US AT OUR FREE COME AND TRY
SESSIONS.**

**THEY ARE FOR ALL JUNIOR BOYS AND GIRLS
AGED 5 AND UP. SCAN THE QR CODE OR
FOLLOW THE TRYBOOKING LINK BELOW.
THE SEASON RUNS FROM MAY TO
SEPTEMBER.**

**ALL NEW PLAYERS RECEIVE A BRAND NEW
STICK AND BALL WITH THEIR CLUB
MEMBERSHIP.**

<https://www.trybooking.com/CFWUG>

W: <https://www.brightonlacrosse.com.au>

FB: <https://facebook.com/brightonlacrosseclub>

Contact: **Tom Emery** on 0413 496 691 OR **Kellie Hummel** secretary@brightonlacrosse.com.au



2023

"SUMMER LAX"

FREE LACROSSE SKILLS SESSIONS

Hight Avenue, Hove



WANT TO LEARN THE AMAZING GAME OF LACROSSE???

COME DOWN TO BRIGHTON LACROSSE CLUB FOR SOME FAST, FUN & **FREE** SKILLS SESSIONS. THEY'RE FOR BOYS AND GIRLS AGED 5 TO 17. BRING A FRIEND, A HAT AND A DRINK. WE'LL SUPPLY EVERYTHING ELSE.

** Suitable sports attire should be worn



FIRST SESSION IS MAR 9th RUNNING EACH **THURSDAY** to 23rd MARCH

5.15PM START (for registration) FINISHING 6.30PM



Please register your interest for the sessions via trybooking.

<https://www.trybooking.com/CFWUG>

W: <https://www.brightonlacrosse.com.au>

FB: <https://facebook.com/brightonlacrosseclub>

Contact: **Tom Emery** on 0413 496 691 OR **Kellie Hummel** secretary@brightonlacrosse.com.au